

**Department of Psychology  
C.R.S. University, Jind**



**Scheme and Courses  
of Study for  
Semester (I-VI) and  
Syllabi of Semester – I,II,III& IV**

**For**

**BACHELOR OF ARTS  
IN  
PSYCHOLOGY**

**Program Effective from Academic Year (2023-2024)**

**Scheme-C**

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**Scheme of Examination for Undergraduate programmes in the Subject of Psychology as per NEP 2020  
(Multiple Entry-Exit, Internships and Choice Based Credit System- Learning Outcome Based) w. e. f.  
2023-24 in phased manner.**

UG Programme with Single Major: Scheme C (A student will take admission in UG Programme with Single Major Subject in the first year)								
Semester	Major Subject	Minor/Vocational	Multidisciplinary Courses	Ability Enhancement Courses	Skill Enhancement Course	Value Added Courses	Total Credits	Exit Option
I	MCC-A1 4 credit MCC-A2 4 credit	CC-M1 4 credit	MDC-1 3 credit	AEC-1 2 credit	SEC-1 3 credit	VAC-1 2 credit	22	Under Graduate Certificate in Subjects with 48 credits
II	MCC-A3 4 credit DSCE-A1 4 credit	CC-M2 4 credit	MDC-2 3 credit	AEC-2 2 credit	SEC-2 3 credit	VAC-2 2 credit	22	
Internship of 4 credits of 4-6 weeks duration after 2 <sup>nd</sup> semester								
III	MCC-A4 4 credit MCC-A5 4 credit	CC-M3 4 credit	MDC-3 3 credit	AEC-3 2 credit	SEC-3 3 credit	VAC-3 2 credit	22	Under Graduate Certificate in Subjects with 94 credits
IV	MCC-A6 4 credit MCC-A7 4 credit MCC-A8 4 credit DSE-A1 4 credit	CC-M4 (V) 4 credit	--	AEC-4 2 credit	--	VAC-4 2 credit	24	
Internship of 4 credits of 4-6 weeks duration after 4 <sup>th</sup> semester (if not done after 2 <sup>nd</sup> semester)								
V	MCC-A9 4 credit MCC-A10 4 credit DSE-A2 4 credit DSE-A3 4 credit	CC-M5 (V) 4 credit	--	--	Internship- 4 credit	--	24	Bachelor with Major in (Subject) and Minor in (Subject) after earning 136 credits
VI	MCC-A11 4 credit MCC-A12 4 credit DSE-A4 4 credit DSE-A5 4 credit	CC-M6 (V) 4 credit	--	--	SEC-4 2 credit	--	24	
Credits	Major = 72	Minor=24	MDC=09	AEC=08	SEC=11 Internship=04	VAC=08	Total = 136	
# Four credits of internship, earned by a student during summer internship after 2 <sup>nd</sup> semester or 4 <sup>th</sup> semester, will take into account in 5 <sup>th</sup> semester of the students who pursue 3 year UG Programme without taking exit option.								

**A Student admitted to UG with single Major Subject will opt Minor Subject from the same discipline but different from the Single Major Subject.**

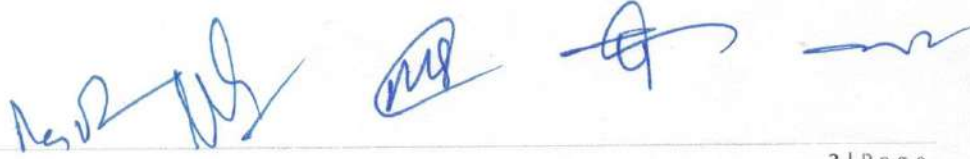


## Semester-I

Sr.	Course Type	Course Code	Course Title	Credits	L	T/P	Maximum Marks	Total Credit
							External + Internal+ Practical=Total	
1.	Major (MCC-A1)	PSY-101	Fundamentals of Psychology	4	3	1(P)	60+15+25= 100	22
2.	Major(MCC-A2)	PSY-102	Social Psychology	4	3	1(P)	60+15+25= 100	
3.	Minor/Vocational CC-M1	PSY-103	Applied Psychology	4	2	2(P)	40+10+50= 100	
4.	Multidisciplinary MDC-1	PSY-104	Psychology in Everyday Life	3	2	1(P)	50+15+10= 75	
5.	Ability Enhancement Course AEC-1	AEC-1	English Language and Communication Skills-Level-I	2	2	0	35+15=50	
6.	Skill Enhancement Course SEC-1	B-SEC-1	Basic IT Tools	3	2	1(P)	35+20(15+5)+20= 75	
7.	Value Added Course VAC-1	VAC-PSY-105	Human Values and Ethics	2	2	0	35+15=50	

## Semester-2

Sr.	Course Type	Course Code	Course Title	Credits	L	T/P	Maximum Marks	Total Credit
							External + Internal+ Practical=Total	
1.	Major (MCC-A3)	PSY-201	Experimental Psychology	4	3	1(P)	60+15+25= 100	22
2.	Major (DSEC-A1)	PSY-202	Basic Cognitive Psychology	4	3	1(P)	60+15+25= 100	
3.	Minor/Vocational CC-M2	PSY-203	Psychological Testing	4	2	2(P)	40+10+50= 100	
4.	Multidisciplinary MDC-2	PSY-204	Health and Well Being	3	2	1(P)	50+15+10= 75	
5.	Ability Enhancement Course AEC-2	AEC-2	English Language and Communication Skills-Level-II	2	2	0	35+15=50	
6.	Skill Enhancement Course SEC-2	B-SEC-2	Choose From Given Pool	3	--	---	-----	
7.	Value Added Course VAC-2	VAC-PSY-205	Environmental Studies	2	2	0	35+15=50	
Internship of 4 credits of 4-6 weeks duration after 2 <sup>nd</sup> semester								



### Semester-3

Sr.	Course Type	Course Code	Course Title	Credits	L	T/P	Maximum Marks	Total Credit
							External + Internal + Practical = Total	
1.	Major (MCC-A4)	PSY-301	Foundations of Developmental Psychology	4	3	1(P)	60+15+25= 100	22
2.	Major (MCC-A5)	PSY-302	Bio-Psychology	4	3	1(P)	60+15+25= 100	
3.	Minor/Vocational CC-M3	PSY-303	Research Methodology	4	2	2(P)	40+10+50= 100	
4.	Multidisciplinary MDC-3	PSY-304	Psychology of Human Relations	3	2	1(P)	50+15+10= 75	
5.	Ability Enhancement Course AEC-3	AEC-3	औपचारिक लेखन	2	2	0	35+15=50	
6.	Skill Enhancement Course SEC-3	SEC-3	Choose From Given Pool	3	--	--	-----	
7.	Value Added Course VAC-3	VAC-PSY-305	Choose From Given Pool	2	---	---	-----	

### Semester-4

Sr.	Course Type	Course Code	Course Title	Credits	L	T/P	Maximum Marks	Total Credit
							External + Internal + Practical = Total	
1.	Major (MCC-A6)	PSY-401	Psychopathology	4	3	1(P)	60+15+25= 100	24
2.	Major (MCC-A7)	PSY-402	Advance Cognitive Psychology	4	3	1(P)	60+15+25= 100	
3.	Major (MCC-A8)	PSY-403	Basic Statistics In Psychology	4	3	1(P)	60+15+25= 100	
4.	Major (DSE-A1)	PSY-404 A/PSY-404 B	Positive Psychology/Health Psychology	4	3	1(P)	60+15+25= 100	
5.	Minor/Vocational CC-M4	PSY-405	Psycho-Diagnostics	4	2	2(P)	40+10+50= 100	
6.	Ability Enhancement Course	AEC-4	सोशल मीडिया लेखन	2	2	0	35+15=50	
7.	Value Added Course	B23-VAC-402/B23-VAC-410	Art of Happiness/Social and Emotional Learning	2	2	0	40+10=50	
Internship of 4 credits of 4-6 weeks duration after 4 <sup>th</sup> semester (if not done after 2 <sup>nd</sup> semester)								



### Semester-5

Sr.	Course Type	Course Code	Course Title	Credits	L	T/P	Maximum Marks	Total Credit
							External + Internal + Practical = Total	
1.	Major (MCC-A9)	PSY-501	Personality and Behaviour	4	3	1(P)	60+15+25= 100	24
2.	Major (MCC-A10)	PSY-502	Inferential Statistics	4	3	1(P)	60+15+25= 100	
3.	Major (DSE-A2)	PSY-503 A/ PSY-503 B	Community Psychology/Rehabilitation Psychology	4	3	1(P)	60+15+25= 100	
4.	Major (DSE-A3)	PSY-504 A/ PSY-504 B	Forensic Psychology/Criminal Psychology	4	3	1(P)	60+15+25= 100	
5.	Minor/Vocational CC-M5	PSY-505	Sports Psychology	4	2	2(P)	40+10+50= 100	
6.	Skill Enhancement Course SEC-3	PSY-506	Summer Internship	4	--	--	60+40=100	

Four credits of internship, earned by a student during summer internship after 2<sup>nd</sup> semester or 4<sup>th</sup> semester, will take into account in 5<sup>th</sup> semester of the students who pursue 3-year UG Programme without taking exit option.

### Semester-6

Sr.	Course Type	Course Code	Course Title	Credits	L	T/P	Maximum Marks	Total Credit
							External + Internal + Practical = Total	
1.	Major (MCC-A11)	PSY-601	Psychology of Guidance & Counselling	4	3	1(P)	60+15+25= 100	22
2.	Major (MCC-A12)	PSY-602	Psychotherapy	4	3	1(P)	60+15+25= 100	
3.	Major (DSE-A4)	PSY-603A/PSY-603 B	Organizational Psychology/Military Psychology	4	3	1(P)	60+15+25= 100	
4.	Major (DSE-A5)	PSY-604 A/ PSY-604B	Introduction to Psychometrics/Classical Experiments in Psychology	4	3	1(P)	60+15+25= 100	
5.	Minor/Vocational CC-M6	PSY-605	Media Psychology	4	2	2(P)	40+10+50= 100	
6.	Skill Enhancement Course SEC-4	PSY-606	Choose From Given Pool	2	1	1(P)	40+10=50	

Note: Abbreviations: DSE- Discipline Specific Elective Course, DSEC-Discipline Skill Enhancement Courses, MD/ID-Multi/Inter Disciplinary, AEC- Ability Enhancement Courses, SEC-Skill Enhancement Courses, VAC- Value Added Courses.

Note: In case of discipline specific elective course (DSE) at least 10 students must opt to float the elective. For Practical Courses, the contact hours per week shall be double the credits.



Pool of Courses Offered By (Department of Psychology)			
Skill Enhancement Courses (Semester-4)			
Sr. No.	Course Title	Course Code	Credit
Value Added Courses			
1.	Art of Happiness/ Social and Emotional Learning	B23-VAC-402/	2
2.		B23-VAC-410	2

**Note: Theory Paper Setter (4 Credits Course)**

- The Question Paper shall have 09 questions. **Questions No. 1 shall be compulsory** comprising **six parts (Short-Answer Type)** spread over the entire syllabus. Each part is to be answered in 50-75 words. The compulsory question shall have a weightage of 12 (6x2) marks.
- The rest of **eight questions** shall be **Essay Type/Long-Answer Type (2 questions are to be set from each of the four units)** drawn from the entire syllabus. A student shall attempt any **FOUR QUESTIONS** selecting at least **ONE QUESTION** from **EACH UNIT**.
- In all a student shall attempt **FIVE QUESTIONS**
- Length of each answer shall be between 400-600 words.
- Each **Essay Type/Long-Answer Type Question** shall have a **weightage of 12 marks**
- **Maximum marks for the Question Paper shall be 60**
- **Minimum pass marks shall be 24 (40%)**
- **Duration of the examination shall be 3 Hours**

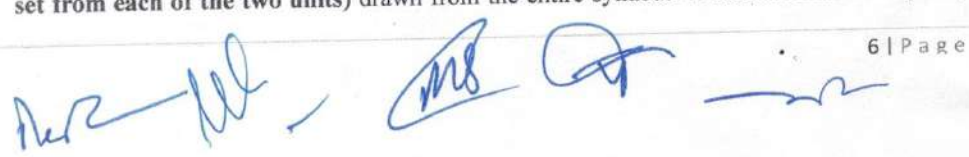
**Note : Theory Paper Setter (3 Credits Course)**

- The Question Paper shall have 07 questions. **Questions No. 1 shall be compulsory** comprising **seven parts (Short-Answer Type)** spread over the entire syllabus. Each part is to be answered in 50-75 words. The compulsory question shall have a weightage of 14 (7x2) marks.
- The rest of **six questions** shall be **Essay Type/Long-Answer Type (2 questions are to be set from each of the three units)** drawn from the entire syllabus. A student shall attempt any **THREE QUESTIONS** selecting at least **ONE QUESTION** from **EACH UNIT**.
- In all a student shall attempt **FOUR QUESTIONS**
- Length of each answer shall be between 400-600 words
- Each **Essay Type/Long-Answer Type Question** shall have a **weightage of 12 marks**.
- **Maximum marks for the Question Paper shall be 50**
- **Minimum pass marks shall be 20 (40%)**
- **Duration of the examination shall be 3 Hours**

**Note : Theory Paper Setter (2 Credits Course)**

- The Question Paper shall have 05 questions. **Questions No. 1 is COMPULSORY** comprising **Eight parts (Short Answer Type)** spread over the entire syllabus. Each part is to be answered in 50-75 words
- **The compulsory question shall have a weightage of 16 (8\*2) marks**
- The rest of **four questions** shall be **Essay Type/Long Answer Type (2 questions are to be set from each of the two units)** drawn from the entire syllabus. A student shall attempt any

6 | Page



**Two QUESTIONS** selecting at least **ONE QUESTION** from **each unit**. In all a student shall attempt **Two QUESTIONS**.

- Length of each answer shall be between 500-700 words.
- Each **Essay Type/Long Answer Type Question** shall have a **weightage of 12 marks**
- **Maximum marks for the Question Paper shall be 40**
- **Minimum pass marks shall be 16 (40%)**
- **Duration of the examination shall be 2 Hours.**

**Note: Internship**

A course requiring students to participate in a professional activity or work experience, or cooperative education activity with an entity external to the education institution, normally under the supervision of an expert of the given external entity. A key aspect of the internship is induction into actual work situations. Internships involve working with local industry, government or private organizations, business organizations, artists, crafts persons, and similar entities to provide opportunities for students to actively engage in on-site experiential learning.

- **Duration: 4-6 weeks during the summer vacations after Semester 2 or after Semester 4.**
- **Credit: 4 credits**

**Note: 60 for External (Viva Voce)**  
**40 for Internal (Report Submission)**

**Note: Internal Assessment=15**  
5 for Attendance  
5 For Assignment & Presentation  
5 For Sessional Test (Mid Semester)

**Internal Assessment=10**  
5 for Attendance  
5 For Sessional Test

**Attendance:** Minimum attendance needed for eligibility to appear in mid-term/minor tests and end-semester examinations is 75% in Theory and 90% in Practicum /Practical/ Internship.

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**BACHELOR OF ARTS  
IN  
PSYCHOLOGY  
(Semester-I)**

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**B.A. (Semester-I)  
Fundamentals of Psychology**

<b>Course Code</b>	<b>: PSY-101</b>	<b>Total Marks</b>	<b>: 100</b>
<b>Credits</b>	<b>: 04</b>	<b>External Marks</b>	<b>: 60</b>
<b>Course Type</b>	<b>: MAJOR</b>	<b>Internal Marks</b>	<b>: 15</b>
<b>Time</b>	<b>: 3hours</b>	<b>Practical</b>	<b>: 25</b>

**Note: Theory Paper Setter (4 Credits Course)**

- The Question Paper shall have 09 questions. **Question No.1 shall be compulsory** comprising **six parts (Short-Answer Type)** spread over the entire syllabus. The compulsory question shall have a weightage of 12(6x2) marks.
- The rest of **eight questions** shall be **Essay- Type/Long-Answer Type (2 questions** are to be set from each of the four units) drawn from entire syllabus. A student shall attempt any **FOUR QUESTIONS** selecting at least **ONE QUESTION** from **EACH UNIT**.
- In all a student shall attempt **FIVE QUESTIONS**.
- Each Essay Type/Long-Answer Type Question shall have a weightage of 12 marks.
- Maximum marks for the Question Paper shall be 60.

**Objectives:**

**After completing the course, the students will be able to:**

- Understand what psychology is all about.
- Appreciation of the scope and the field of psychology.
- Develop familiarity with basic concepts related to some foundational themes of study in psychology such as learning, memory, perception, thinking, emotion and motivation.

**UNIT I**

Introduction: History, Nature and Methods of Psychology (Introspection method, Observation method, Experimental method.

Basic Approaches to Psychology, Fields of psychology.

**UNIT II**

Sensory Process; meaning, nature and types.

Perception: meaning, nature and types, Perceptual organization, Illusions.

**UNIT III**

Learning and Motivation: Principles and applications of Classical conditioning, operant conditioning, and observational learning; Motivation, types of motivation, Maslow's theory of motivation and Drive theory of motivation.

**UNIT IV**

Memory and Emotions: nature & types of memory, Forgetting, Improving memory.

Emotions: Components, theories of emotions

**Practical:** Any 2 Practicals pertaining to PSY-101 (Fundamentals of Psychology) preferably experiments.

**Suggested Readings:**

1. Baron, R. & Misra, G. (2013). Psychology (5<sup>th</sup> Ed). New Delhi: Pearson Education.
2. Chadha, N.K. & Seth, S. (2014). The Psychological Realm: An Introduction. Pinnacle Learning, New Delhi.
3. Ciccarelli, S. K., & Meyer, G. E. (2022). Psychology: South Asian Edition. New Delhi: Pearson Education.
4. Passer, M.W. & Smith, R.E. (2010). Psychology: The science of mind and behaviour. New Delhi: Tata McGraw-Hill

**B.A. (Semester-I)  
Social Psychology**

**Course Code : PSY-102**  
**Credits : 04**  
**Course Type : MAJOR**  
**Time : 3 Hours**

**Total Marks : 100**  
**External Marks : 60**  
**Internal Marks : 15**  
**Practical : 25**

**Note: Theory Paper Setter (4 Credits Course)**

- The Question Paper shall have 09 questions. **Question No.1 shall be compulsory** comprising **six parts (Short-Answer Type)** spread over the entire syllabus. The compulsory question shall have a weightage of 12(6x2) marks.
- The rest of **eight questions** shall be **Essay- Type/Long-Answer Type** (2 questions are to be set from each of the four units) drawn from entire syllabus. A student shall attempt any **FOUR QUESTIONS** selecting at least **ONE QUESTION** from **EACH UNIT**.
- In all a student shall attempt **FIVE QUESTIONS**.
- Each Essay Type/Long-Answer Type Question shall have a weightage of 12 marks.
- Maximum marks for the Question Paper shall be 60.

**Objectives:**

**After completing the course, the students will be able to:**

- Develop an understanding of the individual in relation to the social world
- Introduce students to the realm of social influence, as to how individuals think, feel and behave in social situations.

**Unit 1**

Introduction: Nature and scope of social psychology; Overview of the history of social psychology (including development in India); Relationship with sociology and anthropology

**Unit 2**

Understanding and evaluating the social world: Social cognition, Social perception, Attitudes, Attitude-behaviour link; Strategies for attitude change.

**Unit 3**

Social interaction and Influence: Interpersonal attraction, Pro-Social Behaviour, Aggression, Social Influence

**Unit 4**

Group Dynamics and Inter-group relations: Nature of groups, Consequences of belonging (performance, decision making, cooperation and conflict), Nature of intergroup relations (prejudice, intergroup conflict, intervention techniques)

**Practical:** Any 2 practicals pertaining to PSY-102 (Social Psychology).

**Suggested Readings:**

- Baron, R.A., Byrne, D. & Bhardwaj, G. (2010). Social Psychology (12th Ed.). New Delhi: Pearson.
- Baumeister, R.F. & Bushman, B.J. (2013). Social Psychology and Human Nature. Wadsworth.
- Franzoi, S.L. (2009). Social Psychology (5th Ed.). New York: McGraw-Hill.
- Hogg, M. & Vaughan, G.M. (2008). Social Psychology. Prentice Hall.
- Kassir, S., Fein, S., & Markus, H.R. (2008). Social Psychology. New York: Houghton Mifflin.
- Misra, G. (2009). Psychology in India, Vol. 4: Theoretical and Methodological Developments (ICSSR Survey of Advances in Research). New Delhi: Pearson
- Taylor, S.E., Peplau, L.A. & Sears, D.O. (2006). Social Psychology (12th Ed.). New Delhi: Pearson

**B.A. (Semester-I)  
Applied Psychology**

<b>Course Code</b>	<b>: PSY-103</b>	<b>Total Marks</b>	<b>: 100</b>
<b>Credits</b>	<b>: 04</b>	<b>External Marks</b>	<b>: 40</b>
<b>Course Type</b>	<b>: Minor/Vocational</b>	<b>Internal Marks</b>	<b>: 10</b>
<b>Time</b>	<b>: 2 hours</b>	<b>Practical</b>	<b>: 50</b>

**Note: Theory Paper Setter (2 Credits Course)**

- The Question Paper shall have 05 questions. **Question No.1 shall be compulsory** comprising **eight parts (Short-Answer Type)** spread over the entire syllabus. The compulsory question shall have a weightage of 16(8x2) marks.
- The rest of **four questions** shall be **Essay- Type/Long-Answer Type** (2 questions are to be set from each of the two units) drawn from entire syllabus. A student shall attempt any **TWO QUESTIONS** selecting at least **ONE QUESTION** from **EACH UNIT**.
- In all a student shall attempt **THREE QUESTIONS**. Each Essay Type/Long-Answer Type Question shall have a weightage of 12 marks.
- Maximum marks for the Question Paper shall be 40.

**Objective:** After completing the course, the students will be able to:

- Develop familiarity with basic concepts related to applied psychology.
- Understand the application of psychology in different areas.

**UNIT I**

Applied Psychology: meaning; Psychology applied to human problems; Psychological well-being & mental problems. Meaning & management of anxiety & stress.

Psychology applied to human resource development; educational psychology, work & organizational psychology.

**UNIT II**

Psychology applied to socio economic problems; psychology of terrorism, psychology of gender, environmental psychology.

Psychology applied to technology related issues; psychology of IT & mass media. Uses & misuses of social media; Aviation psychology.

**Practical:** Any 4 Practicals pertaining to PSY-103 (Applied Psychology) preferably Tests.

**Suggested Readings:**

- IRS, S.S. (2019). Applied Psychology (3<sup>rd</sup> ed.) Oakbridge, Gurugram.
- Martinussen.M & Hunter, D.R.(2017). Aviation Psychology & Human Factors. Taylor & Francis, CRC Press.
- Card. S.K.(2017). The Psychology of Human Computer Interaction.Taylor & Francis, CRC Press.



**B.A. (Semester-I)**  
**Psychology In Everyday life**

<b>Course Code</b>	<b>: PSY-104</b>	<b>Total Marks</b>	<b>: 75</b>
<b>Credits</b>	<b>: 03</b>	<b>External Marks</b>	<b>: 50</b>
<b>Course Type</b>	<b>: Multidisciplinary</b>	<b>Internal Marks</b>	<b>: 15</b>
<b>Time</b>	<b>: 3 Hours</b>	<b>Practical</b>	<b>: 10</b>

**Note: Theory Paper Setter (2Credits)**

- The Question Paper shall have 07 questions. **Question No.1 shall be compulsory** comprising **seven parts (Short-Answer Type)** spread over the entire syllabus. The compulsory question shall have a weightage of 14(7x2) marks.
- The rest of **six questions** shall be **Essay- Type/Long-Answer Type (2 questions are to be set from each of the three units)** drawn from entire syllabus. A student shall attempt any **THREE QUESTIONS** selecting at least **ONE QUESTION** from **EACH UNIT**.
- In all a student shall attempt **FOUR QUESTIONS**.
- Each Essay Type/Long-Answer Type Question shall have a weightage of 12 marks.
- Maximum marks for the Question Paper shall be 50.

**Objective:**

**After completing the course, the students will be able to:**

- Develop familiarity with basic concepts related to some foundational themes of study in psychology such as learning, memory, forgetting, personality and intelligence.

**Course content**

**UNIT-I**

Psychology as a scientific discipline; Its Nature & Scope. Methods of Psychology; Experiment, observation, Interview & Case Study.

**UNIT-II**

Learning: Classical Conditioning, Operant Conditioning; The Principles of Reinforcement, Cognitive Learning. Memory: Meaning, Types, Retrieval Processes, Nature of Forgetting; Improving Memory.

**UNIT-III**

Personality: Nature Determinants, Trait vs Type approach, Assessment of Personality.  
Intelligence: Meaning, Nature, Multiple Intelligence theory, Cattell's Theory of Intelligence Assessment of Intelligence.

**Practical:** Any 1 Practical pertaining to PSY-104 (General Psychology) preferably Tests.

**Suggested Readings:**

- Ciccarelli, S. K & Meyer, G.E (2008). Psychology (South Asian Edition). New Delhi: Pearson
- Feldman, S.R.(2009).Essentials of understanding psychology ( 7th Ed.) New Delhi : Tata Mc Graw Hill.
- Glassman, W.E.(2000).Approaches to Psychology(3rd Ed.) Buckingham: Open University Press.
- Hilgard, E.R., Atkinson, R. D., & Atkinson, R. L(2019). Introduction to Psychology (6<sup>th</sup> Ed.). New Delhi, CBS Publishers & Distributors.
- Michael, W., Passer, Smith, R.E.(2007). Psychology The science of mind and Behavior. New Delhi :Tata McGraw-Hill.



**BACHELOR OF ARTS  
IN  
PSYCHOLOGY  
(Semester-II)**

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**B.A. (Semester-II)**  
**EXPERIMENTAL PSYCHOLOGY**

**Course Code: PSY-201**  
**Credits: 04**  
**Course Type: Major**  
**Time: 3 hrs.**

**Total Marks : 100**  
**External Marks : 60**  
**Internal Marks : 15**  
**Practical : 25**

**Note: Theory Paper Setter (4 Credits Course)**

- The Question Paper shall have 09 questions. **Question No.1 shall be compulsory** comprising **six parts (Short-Answer Type)** spread over the entire syllabus. The compulsory question shall have a weightage of 12(6x2) marks.
- The rest of **eight questions** shall be **Essay- Type/Long-Answer Type** (2 questions are to be set from each of the four units) drawn from entire syllabus. A student shall attempt any **FOUR QUESTIONS** selecting at least **ONE QUESTION** from **EACH UNIT**.
- In all a student shall attempt **FIVE QUESTIONS**.
- Each Essay Type/Long-Answer Type Question shall have a weightage of 12 marks.
- Maximum marks for the Question Paper shall be 60.

**Objectives:** After completing this course, the learner will be able to:

1. develop understanding regarding experimental procedure and perception.
2. develop an understanding regarding nature and methods of classical psychophysics.
3. acquaint with processes of Learning and Memory.
4. acquire understanding regarding Thinking & Problem Solving
5. conduct experiments related to their theory paper

**UNIT-I**

Experimental Psychology: Nature and scope, Background of Experimental Psychology.  
Perception: Nature and Characteristics. Perception of Form, Depth and Movement  
Attention: Nature, Characteristics, and types.

**UNIT-II**

Psychophysics: Meaning and Problems of Psychophysics.  
Classical Methods: Method of Limits, Average Error & Constant Stimuli.

**UNIT-III**

Learning: Definition, Factors affecting learning, Trial and error learning, Insight learning  
Memory: Process and Types, Methods to Study Memory.

**UNIT-IV**

Thinking: Nature, Concept Formation. Convergent and Divergent thinking.  
Problem Solving: Stages of Problem Solving, Strategies, Blocks in Problem Solving.

**Practical:** Any 2 Practical pertaining to PSY-201 (related to equipments)

**References:**

- Anastasi, A.& Urbina, S.(2009). Psychological Testing (7<sup>th</sup> ed) New York: Prentice Hall.
- Atkinson, R.L., Atkinson, R.L., et al. (1985) Introduction to Psychology. N. Y.: HBJ Publishers.
- D' Amato, M.R. (2001) Experimental Psychology: Methodology, Psychophysics and Learning. New Delhi: McGraw Hill.
- Singh, A.K. (2009) Uchattar Samanaya Manovigyan. Delhi: Moti Lal Banarsidas.
- Singh, R. & Shyam, R. (2008) Adhunik Sangyanatmak Manovigyan. Panchkula: Haryana SahityaAcademy



**B.A. (Semester-II)**  
**BASIC COGNITIVE PSYCHOLOGY**

**Course Code: PSY-202**  
**Credits: 04**  
**Course Type: Major**  
**Time: 3 hrs.**

**Total Marks : 100**  
**External Marks: 60**  
**Internal Marks: 15**  
**Practical : 25**

**Note: Theory Paper Setter (4 Credits Course)**

- The Question Paper shall have 09 questions. **Question No.1 shall be compulsory** comprising **six parts (Short-Answer Type)** spread over the entire syllabus. The compulsory question shall have a weightage of 12(6x2) marks.
- The rest of **eight questions** shall be **Essay- Type/Long-Answer Type** (2 questions are to be set from each of the four units) drawn from entire syllabus. A student shall attempt any **FOUR QUESTIONS** selecting at least **ONE QUESTION** from **EACH UNIT**.
- In all a student shall attempt **FIVE QUESTIONS**.
- Each Essay Type/Long-Answer Type Question shall have a weightage of 12 marks.
- Maximum marks for the Question Paper shall be 60.

**Objectives:**

After completing this course, the learner will be able to:

1. acquaint themselves about history of cognitive psychology, and understand different methods to study cognition.
2. have in-depth understanding of nature and types of attention and different models of selective attention.
3. have familiarity with process of pattern recognition along with reasoning.
4. have acquaintance with nature, structure of language development and problem solving.

**Unit -1**

Cognitive Psychology: Nature, Scope, Historical background and Current Status of Cognitive Psychology. Methods to Study Cognition - Behavioral and Physiological.

**Unit-2**

Attention: Nature; Selective Attention and Divided Attention: Nature, Models of Selective Attention – Broadbent and Treisman. Vigilance.

**Unit-3**

Pattern Recognition: Nature and Theories- Prototype Matching and Template Matching. Reasoning: Nature and Types – Inductive and Deductive.

**Unit-4**

Language: Nature, Properties, and Structure. Stages of Language Development. Problem Solving: Nature and Classification of Problems, Factors Affecting Problem Solving.

**Practical:** Any 2 Practical pertaining to PSY-202 (tests)

**Reference:**

- Eysenck, M.W., & Keane, M.P (2000). Cognitive Psychology: A students guide, Psychology Press. Galotti, K.M.(2000). Cognitive Psychology in and out of the Laboratory. Delhi: Thomson.
- Kellogg, R.T. (2012). Fundamentals of Cognitive Psychology. Lab Angles: Sage.
- Matlin, M.W. (2008), Cognition. New York: Wiley.
- Solso, R.L. (2001). Cognitive Psychology. Delhi: Pearson Education.
- Sternberg, R.J. (2007). Cognitive Psychology. Delhi: Thomson



**B.A. (Semester-II)  
PSYCHOLOGICAL TESTING**

**Course Code: PSY-203**  
**Credits: 04**  
**Course Type: Minor/Vocational**  
**Time: 2 hrs.**

**Total Marks :100**  
**External Marks :40**  
**Internal Marks :10**  
**Practical : 50**

**Note: Theory Paper Setter (2 Credits Course)**

- The Question Paper shall have 05 questions. **Question No.1 shall be compulsory** comprising **eight parts (Short-Answer Type)** spread over the entire syllabus. The compulsory question shall have a weightage of 16(8x2) marks.
- The rest of **four questions** shall be **Essay- Type/Long-Answer Type** (2 questions are to be set from each of the two units) drawn from entire syllabus. A student shall attempt any **TWO QUESTIONS** selecting at least **ONE QUESTION** from **EACH UNIT**.
- In all a student shall attempt **THREE QUESTIONS**. Each Essay Type/Long-Answer Type Question shall have a weightage of 12 marks.
- Maximum marks for the Question Paper shall be 40.

**Objectives:** After completing this course, the learner will be able to:

- Understand the basic concepts of Psychological Testing
- Acquaint with scales of measurement.
- Know about standardization of tests.
- Understand different types of Intelligence and personality testing

**UNIT- 1**

Psychological Test: Meaning, basic concept, history of Testing.

Tools of Psychological assessment: Interview, Test administration, Behavioural Observations

Scale of Measurement: Nominal, Ordinal, Interval and Ratio Scales.

**UNIT-2**

Standardization of Tests: Norms, Reliability, Validity.

Assessment of Intelligence: Nature of Intelligence, Individual tests, Group Tests.

Assessment of Personality: Meaning of Personality, Trait, Types and States; Methods of Personality Assessment.

**Practical:** Any 4 Practical pertaining to PSY-203

**References:**

- Anastasi, A.& Urbina, S.(2017). Psychological Testing (7<sup>th</sup> ed) New York: Prentice Hall.
- Cohen, R.J.& Swerdik, M.E. Psychological Testing & Measurement: An Introduction to tests and measurements. (ed). New York: McGraw-Hill Companies, Inc.
- Kaplan, R.M.& Saccuzzo, D. (2011), Psychological Testing: Principles, Applications, and issues (7<sup>th</sup> edition). Singapore: Cengage Learning Asia Pte. Ltd.



**B.A. (Semester-II)  
Health & Well-Being**

**Course Code: PSY-204**

**Credits: 03**

**Course Type: Multidisciplinary (MDC-2)**

**Time: 2 hrs.**

**Note: Theory Paper Setter**

**Total Marks : 75**

**External Marks :50**

**Internal Marks : 15**

**Practical : 10**

- The Question Paper shall have 07 questions. **Question No.1 shall be compulsory** comprising **seven parts (Short-Answer Type)** spread over the entire syllabus. The compulsory question shall have a weightage of 14(7x2) marks.
- The rest of **six questions** shall be **Essay- Type/Long-Answer Type** (2 questions are to be set from each of the three units) drawn from entire syllabus. A student shall attempt any **THREE QUESTIONS** selecting at least **ONE QUESTION** from **EACH UNIT**.
- In all a student shall attempt **FOUR QUESTIONS**.
- Each Essay Type/Long-Answer Type Question shall have a weightage of 12 marks.
- Maximum marks for the Question Paper shall be 50.

**Objectives:** After completing this course, the learner will be able to:

- Understand the nature of health & well-being
- Acquaint with the main symptoms and sources of stress.
- understand the effect of stress on health.
- understand the spectrum of health and illness for better health management.

**Unit-1**

Health and Well-being: Continuum and Models of health: Medical, Bio psychosocial, Health Behaviour: Health Promotion, Changing Health Habits; well-being: nature, types.

**Unit 2**

Stress and Coping: Nature and sources of stress; Effects of stress on physical and mental health; Coping and stress management.

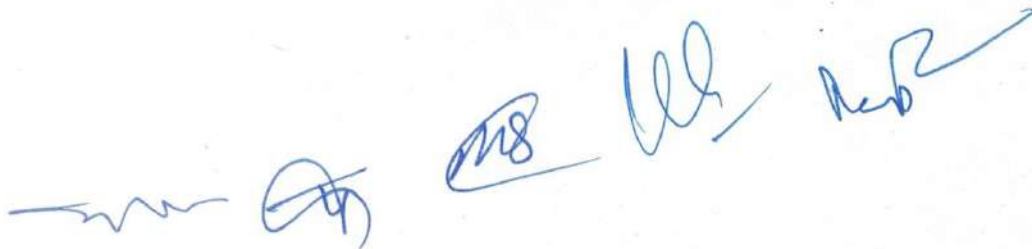
**Unit 3**

Health Management: Health-enhancing behaviours: Exercise, Nutrition, Health compromising behaviours; Health Protective behaviours, Illness Management.

**Practical:** Any 1 pertaining to PSY-204

**Readings:**

- Carr, A. (2004). Positive Psychology: The science of happiness and human strength.UK: Routledge.
- DiMatteo, M.R. & Martin, L.R. (2002). Health psychology. New Delhi: Pearson.
- Forshaw, M. (2003). Advanced Psychology: Health Psychology. London: Hodder and Stoughton. Hick,
- J.W. (2005). Fifty signs of Mental Health. A Guide to understanding mental health. Yale University Press.
- Snyder, C.R., & Lopez, S.J. (2019). Positive psychology: The scientific and practical explorations of human strengths. Thousand Oaks, CA: Sage.
- Taylor, S.E. (2021). Health psychology, 10th Edition. New Delhi: Tata McGraw Hill.



**BACHELOR OF ARTS  
IN  
PSYCHOLOGY  
(Semester-III)**

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**B.A. (Semester-III)**  
**FOUNDATIONS OF DEVELOPMENTAL PSYCHOLOGY**

**Course Code: PSY-301**

**Credits: 04**

**Course Type: Major**

**Time: 3 hrs.**

**Total Marks : 100**

**External Marks: 60**

**Internal Marks: 15**

**Practical : 25**

**Note: Theory Paper Setter (4 Credits Course)**

- The Question Paper shall have 09 questions. **Question No.1 shall be compulsory** comprising **six parts (Short-Answer Type)** spread over the entire syllabus. The compulsory question shall have a weightage of 12(6x2) marks.
- The rest of **eight questions** shall be **Essay- Type/Long-Answer Type (2 questions are to be set from each of the four units)** drawn from entire syllabus. A student shall attempt any **FOUR QUESTIONS** selecting at least **ONE QUESTION** from **EACH UNIT**.
- In all a student shall attempt **FIVE QUESTIONS**.
- Each Essay Type/Long-Answer Type Question shall have a weightage of 12 marks.
- Maximum marks for the Question Paper shall be 60.

**Objectives:** After completing this course, the learner will be able to:

- Know basics of human development.
- learn changes taking place in individual though out lifespan.

**UNIT-I**

Human Development: Concept and Principles.

Factors in human development; Biological, Social and Cultural.

**UNIT-II**

Prenatal development: Determinants.

Infancy: Characteristics, Hazards.

**UNIT-III**

Childhood: Characteristics, Perceptual, Motor, Emotional, Cognitive Development-Stages of Piaget.

Adolescence: Characteristics and problems of adolescents and adjustment.

**UNIT-IV**

Adulthood: Early adulthood, Middle adulthood, late adulthood and aging-Changing patterns and problems.

Age related diseases (Dementia).Successful Aging.

**Practical:** any 2 pertaining to PSY-301

**References:**

- Berk, L.E. (2004). Development Through the Life Span. Delhi: Pearson Education.
- Hurlock, E.B. (2001) Developmental Psychology: A life-span approach. New Delhi: Tata McGrawHill.
- Lal, J.N., & Srivastava, A. (2001) Modern Developmental Psychology. Agra: Vinod PustakBhandar.
- Sheffer, D.R. & Katherine, K. (2007). Developmental Psychology: Childhood And Adolescence.New York: Thomson Wadsworth.
- Santrock, J.W. (1997). Life Span Development. Dubuque: Brown and Benchmark.



**B.A. (Semester-III)  
Bio- Psychology**

**Course Code: PSY-302**  
**Credits: 04**  
**Course Type: Major**  
**Time: 3 hrs.**

**Total Marks : 100**  
**External Marks : 60**  
**Internal Marks : 15**  
**Practical : 25**

**Note: Theory Paper Setter (4 Credits Course)**

- The Question Paper shall have 09-questions. **Question No.1 shall be compulsory** comprising **six parts (Short-Answer Type)** spread over the entire syllabus. The compulsory question shall have a weightage of 12(6x2) marks.
- The rest of **eight questions** shall be **Essay- Type/Long-Answer Type** (2 questions are to be set from each of the four units) drawn from entire syllabus. A student shall attempt any **FOUR QUESTIONS** selecting at least **ONE QUESTION** from **EACH UNIT**.
- In all a student shall attempt **FIVE QUESTIONS**. Each Essay Type/Long-Answer Type Question shall have a weightage of 12 marks.
- Maximum marks for the Question Paper shall be 60.

**Objectives:** After completing this course, the learner will be able to:

- To explore the biological basis of experience and behaviour.
- To develop an understanding of the influence of behaviour, cognition, and the environment on bodily system.
- To develop an appreciation of the neurobiological basis of psychological function and dysfunction.

**Unit-1**

Introduction to Biopsychology: Nature and scope and methods in biopsychology;  
Fields of biopsychology.

**Unit-2**

Cellular Functioning: Cell, Neuron: Structure and functions; Neural conduction and Synapse

**Unit-3**

Organization of Nervous system: CNS & PNS: Structure and functions.

**Unit-4**

Neuro-endocrine system: Structure, functions and abnormalities of major glands: Thyroid, Adrenal, Gonads, Pituitary, Pancreas.

**Practical:** Any 2 pertaining to PSY-302

**Readings:**

- Pinel, J. P. J. (2011). Biopsychology, 8th Edition. Pearson Education, New Delhi.
- Carlson, N. R. (2009) Foundations of Physiological Psychology, 6th Edition. Pearson Education, New Delhi.
- Breedlove, S. M., Rosenzweig, M. R., & Watson, N. V. (2007) Biological Psychology: An introduction to behavioural, cognitive, and clinical neuroscience, 5th Edition. Sinauer Associates, Inc., Sunderland, Massachusetts.



**B.A. (Semester-III)  
Research Methodology**

**Course Code: PSY-303**  
**Credits: 04**  
**Course Type: Minor/Vocational**  
**Time: 2 hrs.**

**Total Marks : 100**  
**External Marks: 40**  
**Internal Marks: 10**  
**Practical : 50**

**Note: Theory Paper Setter (2 Credits Course)**

- The Question Paper shall have 05 questions. **Question No.1 shall be compulsory** comprising **eight parts (Short-Answer Type)** spread over the entire syllabus. The compulsory question shall have a weightage of 16(8x2) marks.
- The rest of **four questions** shall be **Essay- Type/Long-Answer Type** (2 questions are to be set from each of the two units) drawn from entire syllabus. A student shall attempt any **TWO QUESTIONS** selecting at least **ONE QUESTION** from **EACH UNIT**.
- In all a student shall attempt **THREE QUESTIONS**. Each Essay Type/Long-Answer Type Question shall have a weightage of 12 marks.
- Maximum marks for the Question Paper shall be 40.

**Objective:** During this course students will learn to

- Understand the quantitative and qualitative psychological research traditions.
- Know the Types of Research
- Explore the sampling techniques
- Apply different data collection method.

**Unit 1**

Research in Psychology: meaning, Types and Goals.  
Research: Principles of Research, Steps in Research. Ethics in research.  
Variable and its Types, Formulating a problem and Hypothesis.

**Unit 2**

Sampling: Probability & Non probability sampling methods.  
Methods of Data Collection: Experimental, Case study, Interview, Observation & Focus group discussion.

**Practical:** Any 4 pertaining to PSY-403

**Reading:**

- Bryman, A. (2004). Quantity and Quality in Social Research. Routledge.
- Dyer, C. (2001) Research in Psychology: A Practical Guide to Research Methodology and Statistics (2nd Ed.) Oxford: Blackwell Publishers.
- Kerlinger, F.N.& Lee, H.B. (2012). Foundations of Behavioural Research. Wadsworth 15
- Murphy, K.R. & Davidshofer, C. O. (2004). Psychological Testing: Principles & Applications (6th Ed.) New Jersey: Prentice Hall.
- Neuman, W.L. (2006). Social Research Methods: Qualitative and Quantitative Approaches (6th Ed.) Boston: Pearson Education.
- Willig, C. (2001). Introducing qualitative research in psychology: Adventures in theory and method. Philadelphia: Open University Press.



**B.A. (Semester-III)  
Psychology of Human Relations**

**Course Code: PSY-304**  
**Credits: 03**  
**Course Type: MDC-III**  
**Time: 3 hrs.**

**Total Marks :75**  
**External Marks: 50**  
**Internal Marks: 15**  
**Practical :10**

**Note: Theory Paper Setter (3 Credits Course)**

- The Question Paper shall have 07 questions. **Question No.1 shall be compulsory** comprising **seven parts (Short-Answer Type)** spread over the entire syllabus. The compulsory question shall have a weightage of 14(7x2) marks.
- The rest of **six questions** shall be **Essay- Type/Long-Answer Type** (2 questions are to be set from each of the three units) drawn from entire syllabus. A student shall attempt any **THREE QUESTIONS** selecting at least **ONE QUESTION** from **EACH UNIT**.
- In all a student shall attempt **FOUR QUESTIONS**. Each Essay Type/Long-Answer Type Question shall have a weightage of 12 marks.
- Maximum marks for the Question Paper shall be 50.

**Objectives:** During this course students will learn

- About interpersonal relationships, including the role of self.
- To discuss basic theories and research associated with relationship development and dissolution.
- Practical understanding of interpersonal and intimate relationships.
- To think critically about relationship theory and relationship research to understand their individual role in personal relationships
- To apply current theory and research to basic problems associated with intimate relationships.
- To review empirically-supported research findings applicable to interpersonal behaviour and intimate relationships across diverse socio-cultural contexts and demonstrate an understanding of the finding.

**Unit 1**

Human Relationship: Meaning, Nature; Building Blocks of Human Relationships: Trust, Commitment, Communication, Empathy, Respect and Equality. Attachment, Trust and Commitment. Attraction: Nature, Determinants; Internal and External determinants.

**Unit 2**

Affiliative Motive: Nature ,factors-Pximity, Physical Attractiveness, Similarity and Mutual Liking. Close Relationships: Family, Friends, Lovers and Spouses.

**Unit 3**

Conflict: Meaning, nature, types, resolving conflict; Conflict Management strategies: Negotiation and Mediation.

**Practical:** Any 1 pertaining to PSY-304

**Readings:**

- Baron, R.A., Branscombe, N.R, Byrne, D. & Bhardwaj, G. (2017) Social psychology. New Delhi: Pearson.
- Keyton, J. (2006). Communicating groups-building relationships in group effectiveness. New York: Oxford University Press.
- Smith, P.B., Bond, M.H & Kagitcibasi, C. (2006) Understanding social psychology across culture. New Delhi: Sage Publications.

  
22 | Page

**BACHELOR OF ARTS  
IN  
PSYCHOLOGY  
(Semester-IV)**

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2019-2020

**B.A-Semester- IV  
Psychopathology**

**Course Code: PSY-401**

**Credits: 04**

**Course Type: Major**

**Time: 03 hrs.**

**Total Marks : 100**

**External Marks: 60**

**Internal Marks: 15**

**Practical :25**

Note: Theory Paper Setter (4 Credits Course)

- The Question Paper shall have 09 questions. Question No.1 shall be compulsory comprising six parts (Short-Answer Type) spread over the entire syllabus. The compulsory question shall have a weightage of 12(6x2) marks.
- The rest of eight questions shall be Essay- Type/Long-Answer Type (2 questions are to be set from each of the four units) drawn from entire syllabus. A student shall attempt any FOUR QUESTIONS selecting at least ONE QUESTION from EACH UNIT.
- In all a student shall attempt FIVE QUESTIONS.
- Each Essay Type/Long-Answer Type Question shall have a weightage of 12 marks
- Maximum marks for the question paper shall be 60.

**Objectives:** During this course students will learn to

- An overview of the concept of abnormality and the symptoms and etiology of various psychological disorders.
- This will sensitize them to information on psychopathology and dispel myths regarding it.

**UNIT-I**

Concept of Normality and Abnormality.

Models of Psychopathology: Biological, Psychodynamic, Behavioural, and Cognitive.

**UNIT-II**

Classification of Psychopathology: Need for classification: ICD and DSM system.

Diagnostic Assessment: Case history, Interview, Mental Status Examination.

**UNIT-III**

Anxiety Based Disorders: GAD, OCD, and Phobic disorders-Symptom and Causes.

Substance/drug abuse – Causes, Process of Addiction and De-addiction.

**UNIT-IV**

Mood disorders: Unipolar and bipolar-Symptoms and causes.

Schizophrenia: Nature, types, and causes.

**References:**

- Anand, V. and Srivastava, R. (2003). Manovikriti Vigyan, Delhi: Moti Lal Banarsi Das.
- Carson, R.C.; Butcher, J.N., et al. (2007). Abnormal Psychology. (13th Ed.) New Delhi: Pearson Education.
- Davison, G.C. & Neale, J.M. (1998). Abnormal Psychology (7th Ed.) New York: Willy.
- Sarason, I.G. and Sarason, B.R. (2005). Abnormal Psychology: The Problem of Maladaptive Behaviour (10th Ed.) New Delhi: Pearson Education Inc.
- Singh, A.K. (2006). Adhunik Asamanya Manovigyan, Delhi: Moti Lal Banarasi Das.
- Srivastava, D.N. (1991) Adhunik Asamanya Manovigyan (6th Ed.) Agra: Sahitya

**Practical:** Any 2 practicals pertaining to PSY-401



**B.A-Semester- IV**  
**ADVANCED COGNITIVE PSYCHOLOGY**

**Course Code: PSY-402**

**Credits: 04**

**Course Type: Major**

**Time: 03 hrs.**

**Total Marks : 100**

**External Marks: 60**

**Internal Marks: 15**

**Practical :25**

Note: Theory Paper Setter (4 Credits Course)

- The Question Paper shall have 09 questions. Question No.1 shall be compulsory comprising six parts (Short-Answer Type) spread over the entire syllabus. The compulsory question shall have a weightage of 12(6x2) marks.
- The rest of eight questions shall be Essay- Type/Long-Answer Type (2 questions are to be set from each of the four units) drawn from entire syllabus. A student shall attempt any FOUR QUESTIONS selecting at least ONE QUESTION from EACH UNIT.
- In all a student shall attempt FIVE QUESTIONS.
- Each Essay Type/Long-Answer Type Question shall have a weightage of 12 marks
- Maximum marks for the question paper shall be 60.

**Objectives:** During this course students will be able to

- Understand the advance concepts of cognitive Psychology
- Have in-depth understanding of nature and types of attention and different models of selective attention.
- Have an acquaintance with models of language.
- Knowledge about different Models of Decision Making & Problem Solving.

**Unit 1**

Perception: Gestalt Approach to Perception: Bottom-up Processes: Template Matching, Featural Analysis; Top-Down Processes: Perceptual Learning, The Word Superiority Effect, Connectionist Model of Word Perception; Direct Perception, Disruptions of Perceptions: Visual Agnosias.

**Unit 2**

Memory Processes (STM, LTM). Types of memory - working memory, semantic, episodic, procedural, eye-witness and flashbulb memory, traumatic and false memory, everyday memory; Approaches to memory- information processing & connectionist.

**Unit 3**

Language processes: Language acquisition, models of reading and language comprehension; Meaning; Language production; Language and thought.

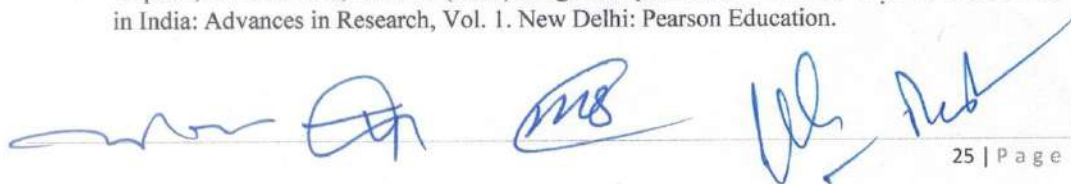
**Unit 4**

Decision Making: Models & Theories; Complex and uncertain decision making, Strategies- heuristics and algorithmic; Artificial Intelligence.

**Practical:** Any 2 Practicals pertaining to PSY-402

**Reading:**

- Baddley, A. (1997). Human Memory: Theory and practice. New York. Psychology Press.
- Galotti. K.M. (2020). Cognitive Psychology: In and Out of the Laboratory. Sage Publications, New Delhi.
- Harley, Treror, A. (2002). The Psychology of language: From data to theory. Taylor Francis.
- Smith, E.E. & Kosslyn, (2007). Cognitive psychology: Mind and brain. Prentice Hall.
- Tripathi, A.N. & Babu, Nandita (2008). Cognitive processes. In Misra, G. (Ed.). Psychology in India: Advances in Research, Vol. 1. New Delhi: Pearson Education.



**B.A-Semester- IV**  
**Basic Statistics In Psychology**

**Course Code: PSY-403**

**Credits: 04**

**Course Type: Major**

**Time : 03 hrs.**

**Total Marks : 100**

**External Marks: 60**

**Internal Marks: 15**

**Practical :25**

Note: Theory Paper Setter (4 Credits Course)

- The Question Paper shall have 09 questions. Question No.1 shall be compulsory comprising six parts (Short-Answer Type) spread over the entire syllabus. The compulsory question shall have a weightage of 12(6x2) marks.
- The rest of eight questions shall be Essay- Type/Long-Answer Type (2 questions are to be set from each of the four units) drawn from entire syllabus. A student shall attempt any FOUR QUESTIONS selecting at least ONE QUESTION from EACH UNIT.
- In all a student shall attempt FIVE QUESTIONS.
- Each Essay Type/Long-Answer Type Question shall have a weightage of 12 marks
- Maximum marks for the question paper shall be 60.
- Non-Scientific Calculator will be given.

**Objectives:** During this course students will be able to

- Familiarize students with the use of statistical methods in psychological research
- Understand techniques of descriptive statistics for quantitative research.

**Unit-1**

Statistics: Meaning and Types; Descriptive and Inferential Statistics; Scales of Measurement. Measures of Central Tendency: Mean Median and Mode.

**Unit-2**

Measures of Variability: The Range; Average Deviation, Quartile Deviation, Standard Deviation, The Variance.

**Unit-3**

The Normal Probability Distribution: Nature and Properties of the Normal Probability Distribution; Standard Scores and the Normal Curve; Divergence from Normality- Skewness and Kurtosis.

**Unit-4**

Correlation: Meaning, Correlation coefficient.

Methods of Correlation Coefficient: Product- Moment Method, Rank Order Method.

**Reading List:**

- Chadha, N.K. (1991). Statistics for Behavioural and Social Sciences. Reliance Pub. House: New Delhi
- Coolican, H. (2006). Introduction to Research Methodology in Psychology. London: Hodder
- Henry E. Garrett (2005). Statistics in Psychology and Education. Paragon International Publishers.
- King, B.M. & Minium, E. W, (2007). Statistical Reasoning in the Behavioural Sciences (5th Ed.). USA: John Wiley & Sons.
- Mangal, S.K. (2012). Statistics in Psychology and Education (2nd Ed.). New Delhi: PHI learning Pvt. Ltd.

**Practical:** Any 2 practicals pertaining to PSY-403.



**B.A-Semester- IV  
Positive Psychology**

**Course Code: PSY-404A**  
**Credits: 04**  
**Course Type: Major**  
**Time: 03 hrs**

**Total Marks : 100**  
**External Marks: 60**  
**Internal Marks: 15**  
**Practical :25**

Note: Theory Paper Setter (4 Credits Course)

- The Question Paper shall have 09 questions. Question No.1 shall be compulsory comprising six parts (Short-Answer Type) spread over the entire syllabus. The compulsory question shall have a weightage of 12(6x2) marks.
- The rest of eight questions shall be Essay- Type/Long-Answer Type (2 questions are to be set from each of the four units) drawn from entire syllabus. A student shall attempt any FOUR QUESTIONS selecting at least ONE QUESTION from EACH UNIT.
- In all a student shall attempt FIVE QUESTIONS.
- Each Essay Type/Long-Answer Type Question shall have a weightage of 12 marks
- Maximum marks for the question paper shall be 60.

**Objectives:** During this course students will be able to

- Understand the basic concepts of positive psychology
- Know its applications in various domains.

**Unit-1**

Introduction: Positive Psychology: An Introduction, Perspectives on Positive Psychology: Western and Eastern, Classification of Character Strengths, signature strengths and virtues.

**Unit-2**

Positive Emotional States and Processes: Happiness and Well-being, Life Satisfaction, Positive and Negative Affect, Emotional Intelligence, Resilience.

**Unit-3**

Positive Cognitive States and Processes: Self-efficacy, Optimism, Hope, Flow and Mindfulness.

**Unit -4**

Applications of Positive Psychology: Work, Education, Health.

**Practical:** Any 2 pertaining to PSY-404 A syllabus.

**References:**

- Peterson, C. (2006). A Primer in Positive Psychology. New York: Oxford University Press.
- Seligman, M.E.P. (2002). Authentic Happiness: Using the New Positive Psychology to Realize Your Potential for Lasting Fulfilment. New York: Free Press/Simon and Schuster.
- Snyder, C.R., & Lopez,S.J.(2007). Positive psychology: The scientific and practical explorations of human strengths. Thousand Oaks, CA: Sage.



**B.A-Semester- IV  
Health Psychology**

**Course Code: PSY-404 B**  
**Credits: 04**  
**Course Type: Major**  
**Time: 03 hrs.**

**Total Marks : 100**  
**External Marks: 60**  
**Internal Marks: 15**  
**Practical :25**

Note: Theory Paper Setter (4 Credits Course)

- The Question Paper shall have 09 questions. Question No.1 shall be compulsory comprising six parts (Short-Answer Type) spread over the entire syllabus. The compulsory question shall have a weightage of 12(6x2) marks.
- The rest of eight questions shall be Essay- Type/Long-Answer Type (2 questions are to be set from each of the four units) drawn from entire syllabus. A student shall attempt any FOUR QUESTIONS selecting at least ONE QUESTION from EACH UNIT.
- In all a student shall attempt FIVE QUESTIONS.
- Each Essay Type/Long-Answer Type Question shall have a weightage of 12 marks
- Maximum marks for the question paper shall be 60.

**Objectives:** During this course students will be able to

- Understand the relationship between psychological factors and physical health.
- Learn how to enhance well-being.

**UNIT 1**

Health Psychology: Introduction, components of health: social, emotional, cognitive and physical aspects; goals of Health Psychology.

**UNIT 2**

Health Behaviour: Characteristics; Barriers to health behaviour; Health Compromising Behaviour, Theories of health behaviour and their implications.

**UNIT 3**

Stress: Nature, Sources, Effects of stress on physical and mental health; Coping and stress management.

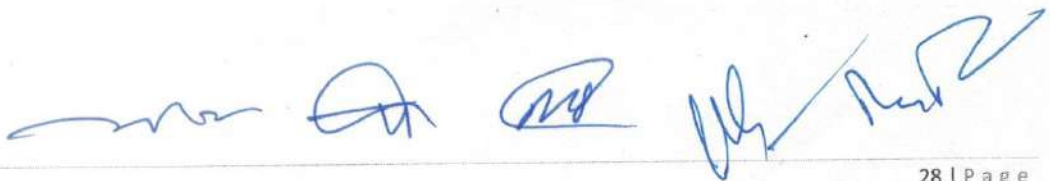
**UNIT 4**

Health-enhancing behaviours: Exercise, Nutrition, safety, managing and controlling pain. Health Protective behaviours, Illness Management.

**Practical:** Any 2 practicals pertaining to the PSY-404 B syllabus.

**Readings:**

- Allen, F. (2011). Health psychology and behaviour. Tata McGraw Hill Edition.
- Dimatteo, M. R., & Martin L. R. (2011). Health psychology. India: Dorling Kindersley.
- Misra, G. (1999). Stress and Health. New Delhi: Concept.
- Taylor, S.E. (10th Ed.) Health Psychology. Tata McGraw Hill Edition.



**B.A-Semester- IV  
Psycho- Diagnostics**

**Course Code: PSY-405**  
**Credits: 04**  
**Course: Minor/Vocational**  
**Time: 02 hrs.**

**Total Marks : 100**  
**External Marks: 40**  
**Internal Marks: 10**  
**Practical :50**

**Note: Theory Paper Setter (2 Credits Course)**

- The Question Paper shall have 05 questions. **Question No.1 shall be compulsory** comprising **eight parts (Short-Answer Type)** spread over the entire syllabus. The compulsory question shall have a weightage of 16(8x2) marks.
- The rest of **four questions** shall be **Essay- Type/Long-Answer Type (2 questions are to be set from each of the four units)** drawn from entire syllabus. A student shall attempt any **TWO QUESTIONS** selecting at least **ONE QUESTION** from **EACH UNIT**.
- In all a student shall attempt **THREE QUESTIONS**. Each Essay Type/Long-Answer Type Question shall have a weightage of 12 marks.
- Maximum marks for the Question Paper shall be 40.

**Objectives:** During this course students will be able to Have an overview of the concept of abnormality and the symptoms and etiology of various psychological disorders. This will sensitize them to information on psychopathology and dispel myths regarding it.

**Unit 1**

Psycho-Diagnosis- meaning, scope, process (data collection, interpretation, decision making)  
Intelligence & Personality for Diagnosis- Tests & Techniques.

**Unit 2**

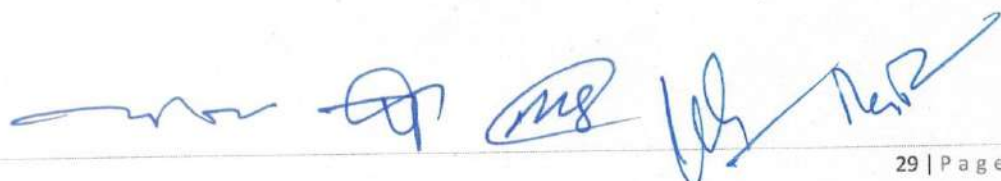
Neuro-Cognitive-Assessment- Battery & Individual Approach.

Psycho Therapy: Meaning, Goals & Types.

**Practical:** Any 4 pertaining to syllabus

**Readings:**

- Aguilera, D.C. (1998). Crisis Intervention: Theory and Methodology (8thEd.) Philadelphia: Mosby
- Belkin, G. S. (1998). Introduction to Counselling (3rd Ed.) Iowa: W. C. Brown
- Burnard, P. (2009). Counselling Skills Training: Book of activities. Viva Books, New Delhi.
- Capuzzi, D. & Gross, D. R. (2007).
- Counselling and Psychotherapy: Theories and Interventions (4th Ed.) New Delhi. Pearson.
- Corey, G. (2009) Counselling and Psychotherapy: Theory and Practice. (7th Ed.) New Delhi: Cengage Learning.
- Rao, S.N. & Sahajpal, P. (2013) Counselling and Guidance. New Delhi: Tata McGraw Hill.
- Seligman. & Reichenberg ,L.W.(2010). Theories of Counselling and Psychotherapy: Systems, Strategies, and Skills. 3rd Ed. Indian reprint: Pearson.



**B.A-Semester- IV  
Art of Happiness**

**Course Code: B23-VAC-402**

**Credits: 02**

**Course: VAC-4**

**Time: 02 hrs.**

**Total Marks : 50**

**External Marks: 40**

**Internal Marks: 10**

**Note: Theory Paper Setter (2 Credits Course)**

- The Question Paper shall have 05 questions. **Question No.1 shall be compulsory** comprising **eight parts (Short-Answer Type)** spread over the entire syllabus. The compulsory question shall have a weightage of 16(8x2) marks.
- The rest of **four questions** shall be **Essay- Type/Long-Answer Type (2 questions are to be set from each of the four units)** drawn from entire syllabus. A student shall attempt any **TWO QUESTIONS** selecting at least **ONE QUESTION** from **EACH UNIT**.
- In all a student shall attempt **THREE QUESTIONS**. Each Essay Type/Long-Answer Type Question shall have a weightage of 12 marks.
- Maximum marks for the Question Paper shall be 40.

**Objectives:** After completing this course, the learner will be able to:

- get awareness regarding nature, sources and factors affecting happiness.
- understand the role of culture in happiness and relationship happiness and money.
- develop insight about happiness as a intrinsic value, age relationship with happiness and ways to increase happiness.
- know about key indicators and index of happiness, and status of happiness in India.

**Unit 1**

Happiness: Definition and Nature. Sources of Happiness, Factors Affecting Happiness.<sup>29</sup> Culture and Happiness. Eastern and Western Approaches to Happiness. Relationship between Happiness and Money.

**Unit 2**

Happiness as Intrinsic Value. Age and Happiness. Ways to Increase Happiness. Measuring Happiness: Key Indicators. Happiness Index. Happiness in India.

**Recommended Books/e-resources/LMS:**

- Seligman, M. (2002). Authentic Happiness: Using the New Positive Psychology to Realize Your Potential for Lasting Fulfillment. New York: Free Press.
- Selin, H. and Davey, G. (2012). Happiness Across Cultures. Springer.
- H H Lama, D. and Cutler, H. C. (2009). The Art of Happiness: A Handbook of Living (10th Anniversary Edition). New York: Riverhead Books.
- Clark, A. E., Fleche, S., Layard, R., Powdhavee, N. and Ward, G. (2019). The Origins of Happiness. NJ: Princeton University Press. Yew – Kwang Ng (2022). Happiness-Concept



**B.A-Semester- IV**  
**Social and Emotional Learning**

**Course Code: B23-VAC-410**  
**Credits: 02**  
**Course: VAC-4**  
**Time: 02 hrs.**

**Total Marks : 50**  
**External Marks: 40**  
**Internal Marks: 10**

**Note: Theory Paper Setter (2 Credits Course)**

- The Question Paper shall have 05 questions. **Question No.1 shall be compulsory** comprising **eight parts (Short-Answer Type)** spread over the entire syllabus. The compulsory question shall have a weightage of 16(8x2) marks.
- The rest of **four questions** shall be **Essay- Type/Long-Answer Type (2 questions are to be set from each of the four units)** drawn from entire syllabus. A student shall attempt any **TWO QUESTIONS** selecting at least **ONE QUESTION** from **EACH UNIT**.
- In all a student shall attempt **THREE QUESTIONS**. Each Essay Type/Long-Answer Type Question shall have a weightage of 12 marks.
- Maximum marks for the Question Paper shall be 40.

**Objectives:** After completing this course, the learner will be able to:

1. get awareness regarding social and emotional learning along with its historical influences and critical areas.
2. understand the role of emotional intelligence in SEL and familiarity with roots of empathy..
3. develop insight into measurement of SEL along with its current challenges.
4. know about evidences in support of SEL and build sustainable framework on the basis of SEL.

**Unit 1**

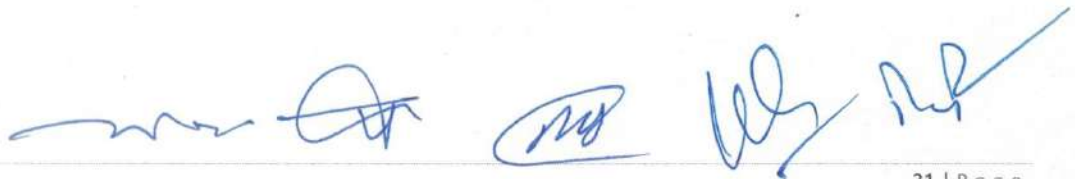
Social and Emotional Learning: Nature, Historical Influences and Critical Areas of Competence. Role of Emotional Intelligence in Social and Emotional Learning. Emotional Intelligence as Social Art. Roots of Empathy.

**Unit 2**

Measurement of Social and Emotional Learning: Tools and Checklists. Current Challenges. Evidences in Support of Social and Emotional Learning, SEL as a Sustainable Framework for success.

**Recommended Books/e-resources/LMS:**

- Black, D. L. (2022). Essentials of Social and Emotional Learning (SEL). NJ: Wiley.
- Goleman, D. (2005). Emotional Intelligence. USA: Bantam .





# Semester-V

(Scheme-C)

## Personality and Behaviour

Course Code: PSY-501

Credits: 04

Course Type: Major

Time: 03 hrs

Note: Theory Paper Setter (4 Credits Course)

Total Marks : 100

External Marks : 60

Internal Marks : 15

Practical :25

- The Question Paper shall have 09 questions. Question No.1 shall be compulsory, comprising six parts (Short-Answer Type) spread over the entire syllabus. The compulsory question shall have a weightage of 12(6x2) marks.
- The remaining eight questions shall be Essay-Type/Long-Answer Type (2 questions are to be set from each of the four units) drawn from the entire syllabus. A student shall attempt any FOUR QUESTIONS, selecting at least ONE QUESTION from EACH UNIT.
- In all, a student shall attempt FIVE QUESTIONS.
- Each Essay Type/Long-Answer Type Question shall have a weightage of 12 marks
- Maximum marks for the question paper shall be 60.

### Objectives:

After completing the course, students will be able to

- Understand personality from different psychological perspectives.
- Develop an understanding of type and trait approaches to personality.
- Explain the dynamics of the development of personality.
- Explain the variability in behaviour.

### Unit-I

Personality: Meaning, Nature and Determinants.

Approaches to Personality: Idiographic and Nomothetic.

### Unit-II

Type Theories: Triguna, Tridosha, Hippocrates-Galen, Sheldon, Kreshmer.

### Unit-III

Theories of Personality: Freud, Jung, Adler, Erickson, Rogers, and Bandura.

### Unit-IV

Trait Theories: Allport, Cattell, Eysenck.

Assessment of Personality: 16 PF, EPQ and TAT.

Practical: Any 2 Practical pertaining to PSY-501



References:

- Ciccarelli, S. K., & Meyer, G. E. (2010). Psychology, South Asian Edition. New Delhi: Pearson Education.
- Feist & Feist (2006). Theories of personality. McGraw –Hill, New York
- Hall, L. & Campbell (1998). Theories of personality, John Wiley & Sons, New York.
- Schultz, D. P. & Schultz, S. E. (2016). Theories of personality. Cengage Learning.

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## Inferential Statistics

Course Code: PSY-502

Credits: 04

Course Type: Major

Time: 03 hrs.

Note: Theory Paper Setter (4 Credits Course)

Total Marks : 100

External Marks : 60

Internal Marks : 15

Practical:25

- The Question Paper shall have 09 questions. Question No.1 shall be compulsory, comprising six parts (Short-Answer Type) spread over the entire syllabus. The compulsory question shall have a weightage of 12(6x2) marks.
- The remaining eight questions shall be Essay-Type/Long-Answer Type (2 questions are to be set from each of the four units) drawn from the entire syllabus. A student shall attempt any FOUR QUESTIONS, selecting at least ONE QUESTION from EACH UNIT.
- In all, a student shall attempt FIVE QUESTIONS.
- Each Essay Type/Long-Answer Type Question shall have a weightage of 12 marks
- Maximum marks for the question paper shall be 60.

### Objectives:

After completing the course, students will be able to

- Understand statistical terms in the social sciences.
- Use common statistical techniques to analyse experimental data for hypothesis testing.

### Unit-I

Populations & Sample: Meaning, Nature & Difference; Techniques for random sampling and assignment, and the sampling distribution of the mean.

Hypothesis Testing: Introduction to hypothesis testing, including the null and alternative hypotheses, one- and two-tailed tests, levels of significance, and controlling errors.

### Unit-II

Parametric Tests: t-tests

Inferential techniques to test for significant differences between two means, including one-sample, independent, and repeated measure t-tests.

### Unit-III

Parametric Tests: ANOVA

Inferential techniques to test for significant differences across more than two groups, including one-way ANOVA (Separate & Repeated).

### Unit-IV

Non-Parametric Tests: Test of Significance: Chi-Square(Goodness of Fit, 2\*2 contingency table, Test of Independent Attributes)

Rank Test, Median Test, Wilcoxon Signed Rank Test(Single & paired sample).

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Practical: Any 2 pertaining to PSY-502

References:

- Anastasi, A. & Urbina, S. (2009). *Psychological Testing* (7<sup>th</sup> ed) New York: Prentice Hall.
- Aron, A., Aron, E.N., & Coups, E.J. (2007). *Statistics for Psychology*. (4th Ed.) India: Pearson Education, Prentice Hall.
- Broota, K.D. (2020). *Experimental Design in Behavioural Research*. New Agw International Publishers.. New Delhi.
- Garrett, H. E. (2005). *Statistics in Psychology and Education*. Paragon International Publishers.
- Guilford. J. (1978). *Fundamental Statistics in Psychology and Education*. McGraw Hill Higher Education.
- Siegal, S. & Castellan, J. (1988). *Nonparametric Statistics for The Behavioral Sciences*. McGraw Hill Higher Education.

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## Community Psychology

Course Code: PSY-503 A

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Credits: 04

Course Type: Major

Time: 03 hrs.

Note: Theory Paper Setter (4 Credits Course)

Total Marks

External Marks : 60

Internal Marks : 15

Practical :25

- The Question Paper shall have 09 questions. Question No.1 shall be compulsory, comprising six parts (Short-Answer Type) spread over the entire syllabus. The compulsory question shall have a weightage of 12(6x2) marks.
- The rest of eight questions shall be Essay-Type/Long-Answer Type (2 questions are to be set from each of the four units) drawn from the entire syllabus. A student shall attempt any FOUR QUESTIONS, selecting at least ONE QUESTION from EACH UNIT.
- In all, a student shall attempt FIVE QUESTIONS.
- Each Essay Type/Long-Answer Type Question shall have a weightage of 12 marks
- Maximum marks for the question paper shall be 60.

### Objectives:

After completing the course, students will be able to

- Define and explain the core values of community psychology.
- Analyse and evaluate various socio-cultural psychological models and behaviours.
- Critically examine the socio-economic indicators and their impact on development.
- Appraise the role of human development and family structure on Mental Health.
- Develop preventive measures and design promotion programmes for better community development.

### Unit-I

Introduction: Community Psychology- meaning, nature & Scope; Core values in community psychology; Role of community psychologist.

### Unit-II

Models of Community Psychology-Mental health model, Behavioural model, Organisational model, Ecological model, Social Action model.

### Unit-III

Psycho-Social Indicators- Socialisation, family & psychological differentiation, Alcoholism & drug dependence, Delinquency & crime, Sexual harassment & violence.

### Unit-IV

Prevention & Promotion-Preventive efforts for mental illness- Primary, Secondary & Tertiary, Preventing problematic behaviour, promoting social competence and social change. Program evaluation & program development.

Practical: Any 2 pertaining to PSY-503 A

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References:

- Kloos, B., Hill, J., Thomas, E., Wandersman, A., Elias, M., & Dalton, J. H. (2012). Community psychology: Linking individuals and communities, Wadsworth, Cengage Learning: Belmont, CA, USA.
- Korchin, S.J. (1989). Modern Clinical Psychology, Basic Books, New York. • Mann, P.A. (1978). Community Psychology: Concepts & Applications. The Free Press: New York.
- Sinha, D., Misra, G., & Dalal A.K. (2015). Psychology in India. New Delhi
- Orford, J. (2008). Community Psychology: Challenges, Controversies and Emerging Consensus. John Wiley & Sons.
- Mohanty, A. K., & Misra, G. (2000). Psychology of poverty and disadvantage. New Delhi: Concept Pub. Co.
- Rappaport J. & Seidman, E. (2000). Handbook of Community Psychology. Springer Science and Business Media.

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## Rehabilitation Psychology

Course Code: PSY-503 B

Credits: 04

Course Type: Major

Time: 03 hrs.

Note: Theory Paper Setter (4 Credits Course)

Total Marks : 100

External Marks : 60

Internal Marks : 15

Practical :25

- The Question Paper shall have 09 questions. Question No.1 shall be compulsory, comprising six parts (Short-Answer Type) spread over the entire syllabus. The compulsory question shall have a weightage of 12(6x2) marks.
- The rest of eight questions shall be Essay-Type/Long-Answer Type (2 questions are to be set from each of the four units) drawn from the entire syllabus. A student shall attempt any FOUR QUESTIONS, selecting at least ONE QUESTION from EACH UNIT.
- In all, a student shall attempt FIVE QUESTIONS.
- Each Essay Type/Long-Answer Type Question shall have a weightage of 12 marks
- Maximum marks for the question paper shall be 60.

### Objectives:

After completing the course, students will be able to

- Get an orientation about the concept of disability and rehabilitation.
- Understand the various types of disabilities.
- Develop an understanding of ethics, assessment of disability and rehabilitation
- Gain basic knowledge of intervention and skills necessary for the Rehabilitation Counselling Process.

### Unit-I

Introduction: Meaning, History, and Goals of Rehabilitation Psychology. Ethical Issues in Rehabilitation Psychology.

### Unit-II

Disabilities: Meaning, Causes, Types as per RPWD Act 2016.

### Unit-III

Diagnosis & Certification of Disabilities, Assessment for Rehabilitation: model for decision making, planning & implementing individualised interventions, instruments used.

### Unit-IV

Intervention Approaches: Existential, humanistic, person-centred, cognitive & behavioural.  
Specific Interventions: Social skills, academic skills, assertiveness, anger management, family functioning, crisis intervention. Ethical Standards of Rehabilitation Psychologist.

Practical: Any 2 pertaining to PSY-503 B

### References:

- Ahuja, N. (2011). A Short Textbook of Psychiatry, New Delhi: Jaypee Brothers Medical Publishers Pvt. Ltd.
- Arora, M.K. (2022). Neurodevelopmental disorders in the Indian context: different disorders speak different stories. New Delhi: Prestige Publications.
- Ghai, A. (2015). Rethinking disability in India; New Delhi: Routledge.

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- Mohopatra, C. S. (2004). Disability management in India. National Institute for the Mentally Handicapped (NIMH).
- Status of Disability in India-2012, Rehabilitation Council of India, New Delhi.
- Whiston, S. C. (2009). Principles and Applications of Assessment in Counselling. CA: Brooks/Cole Cengage Learning.

*Dr. Anil Kumar Singh*

## Forensic Psychology

Course Code: PSY-504 A

Credits: 04

Course Type: Major

Time: 03 hrs

Note: Theory Paper Setter (4 Credits Course)

Total Marks : 100

External Marks : 60

Internal Marks : 15

Practical :25

- The Question Paper shall have 09 questions. Question No.1 shall be compulsory, comprising six parts (Short-Answer Type) spread over the entire syllabus. The compulsory question shall have a weightage of 12(6x2) marks.
- The rest of eight questions shall be Essay-Type/Long-Answer Type (2 questions are to be set from each of the four units) drawn from the entire syllabus. A student shall attempt any FOUR QUESTIONS, selecting at least ONE QUESTION from EACH UNIT.
- In all, a student shall attempt FIVE QUESTIONS.
- Each Essay Type/Long-Answer Type Question shall have a weightage of 12 marks
- Maximum marks for the question paper shall be 60.

### Objectives:

After completing the course, students will be able to

- Learn the roles of forensic psychologists, the psychologists in court, eyewitness testimony and false confession as the central issue in forensic psychology.
- Develop a working knowledge and understanding of the basic theory and methods of investigation used in forensic psychology
- Understand the methods of offender profiling in different stages.

### Unit-I

Introduction: Subject Matter, History of forensic psychology, The roles of the Forensic Psychologist, Branches of Forensic Psychology: Clinical and Experimental.

### Unit-II

The Psychologist in Court -Expert evidence, Forensic reports, Pre-trial preparation, Forensic portfolio, Examination in chief, Cross Examination, Methods of Investigation; light Detector System-Polygraph, Voice Analysis, Narco Analysis.

### Unit-III

Eyewitness Testimony and False Confession -The accuracy of witness evidence, Eyewitness evidence in court, Consequences and types of false confession

### Unit-IV

Profile Analysis-Nature of profiling work; FBI Profiling – Stage 1: Data assimilation stage; Stage 2: Crime scene classification; Stage 3: Crime scene reconstruction; Stage 4: Profile generation; Statistical/Actuarial profiling

Practical: Any 2 pertaining to PSY-504 A

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References:

- Batchman, R., & Schutt, R. K. (2008). Fundamentals of research in criminology and criminal justice. London: Sage.
- Wrightsman, L. S. & Fulero, S. M. (2008). Forensic psychology (3rd Ed.). Belmont, CA: Wadsworth Publishing Co.
- Haward, L. (1981). Forensic psychology. London: Batsford Academic and Educational Ltd.
- Howitt, D. (2002). Forensic and criminal psychology. New Delhi, India: Prentice Hall.
- Loftus, E. F. (1996). Eyewitness testimony: With a new preface. Cambridge, MA: Harvard University Press.
- Ross, F. D., Read, D. J., & Toglia, M. P. (1994). Adult eyewitness testimony. New York: Cambridge University Press.
- Webb, D. (2013). Criminal profiling: An introductory Guide. UK: Independent Publishing Platform.

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## Criminal Psychology

Course Code: PSY-504 B

Credits: 04

Course Type: Major

Time: 03 hrs

Note: Theory Paper Setter (4 Credits Course)

Total Marks : 100

External Marks : 60

Internal Marks : 15

Practical : 25

- The Question Paper shall have 09 questions. Question No.1 shall be compulsory, comprising six parts (Short-Answer Type) spread over the entire syllabus. The compulsory question shall have a weightage of 12(6x2) marks.
- The rest of eight questions shall be Essay-Type/Long-Answer Type (2 questions are to be set from each of the four units) drawn from the entire syllabus. A student shall attempt any FOUR QUESTIONS, selecting at least ONE QUESTION from EACH UNIT.
- In all, a student shall attempt FIVE QUESTIONS.
- Each Essay Type/Long-Answer Type Question shall have a weightage of 12 marks
- Maximum marks for the question paper shall be 60.

### Objectives:

After completing the course, students will be able to

- Get an overall knowledge of the psychology of crime.
- Understand the psychosocial perspectives of crime.
- Aware of the processes of crime prevention and control.
- Understand the trauma of victims of various types of crime.

### UNIT-I

Introduction: Subject Matter, nature of criminal behaviour; Factors of criminal behaviour: Antisocial values; Peer influence; Antisocial personality; Dysfunctional family; Substance abuse, Types of crimes: Homicide; Robbery, Sexual offences; Cybercrimes.

### UNIT- II

Theories of Criminal Behaviour: Social Disorganisation theory; Rational Choice theory; Strain theory; Social learning theory; Social control theory, Labelling theory; Genetic theory

### UNIT -III

Crime Prevention and Control: Crime prevention models: Primary prevention, Secondary prevention; Tertiary prevention: Crime control: Crime control model and Due process model

### UNIT -IV

Special Victims: Rape and sexual assault; Domestic violence; Bullying and school violence, Workplace violence, Victims of terrorism.

Practical: Any 2 pertaining to PSY-504 B

### References:

- Bartol, C. R. & Bartol, A. M. (2004) Introduction to forensic psychology. New Delhi: Sage.
- Blackburn, R., (1993) The psychology of criminal conduct: Theory research and practice. Chichester: Wiley & Sons.
- Kumar. N.(2015). Criminal Psychology; LexisNexis, USA.
- Dhanda, A. (2000) Legal order and mental disorder. New Delhi: Sage. Harari, L. (1981) Forensic psychology. London: Batsford Academic.

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## Sports Psychology

Course Code: PSY-505  
Credits: 04  
Course Type: Minor/Vocational  
Time: 02 hrs  
Note: Theory Paper Setter (4 Credits Course)

Total Marks : 100  
External Marks : 40  
Internal Marks : 10  
Practical : 50

- The Question Paper shall have 05 questions. Question No.1 shall be compulsory, comprising six parts (Short-Answer Type) spread over the entire syllabus. The compulsory question shall have a weightage of 16(8x2) marks.
- The rest of eight questions shall be Essay-Type/Long-Answer Type (2 questions are to be set from each of the two units) drawn from the entire syllabus. A student shall attempt any TWO QUESTIONS, selecting at least ONE QUESTION from EACH UNIT.
- In all, a student shall attempt TWO QUESTIONS.
- Each Essay Type/Long-Answer Type Question shall have a weightage of 12 marks
- Maximum marks for the question paper shall be 40.

### Objectives:

After completing the course, students will be able to

- Develop a foundational understanding of Sports Psychology
- Understand the application of psychological principles in Sports Psychology

### UNIT-I

SPORTS PSYCHOLOGY-Introduction (competitive & non-competitive physical activities): History of sports Psychology in India; Need & Scope of Sports Psychology; Relationship of Sports Psychology with other Sports Sciences (Anthropometry, Physiology, Biomechanics & Nutrition); Role of Sports Psychologist.

### UNIT-II

PSYCHOPHYSIOLOGICAL ASPECTS concerning SPORTS PERFORMANCE -Anxiety, & Motivation. Performance Stress & its management: Biofeedback, Relaxation, Yoga & meditation.

Practicals: Any 4 pertaining to PSY-505

### Reference:

- Cox, R. (2006). Sports Psychology. McGraw-Hill Education.
- Jarvis, M. (2006). Sports Psychology: A Student's Handbook. Routledge.
- Mohan, J. (2010). Sports Psychology: Emerging Horizons. New Delhi: Friends Publishers.
- Perry, J. (2016). Sports Psychology: A Complete Introduction. Hachette UK.
- Shaw, D. (2005). Sport & Exercise Psychology. Bios. U.K. •
- Singh, M.K. (2008). Comprehensive Badminton Psychological Preparation. Friends Publication. Delhi.

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# Semester-VI

(Scheme-C)

## Psychology of Guidance & Counselling

Course Code: PSY-601

Credits: 04

Course Type: Major

Time: 03 hrs.

Total Marks : 100

External Marks : 60

Internal Marks : 15

Practical :25

Note: Theory Paper Setter (4 Credits Course)

- The Question Paper shall have 09 questions. Question No.1 shall be compulsory, comprising six parts (Short-Answer Type) spread over the entire syllabus. The compulsory question shall have a weightage of 12(6x2) marks.
- The rest of eight questions shall be Essay-Type/Long-Answer Type (2 questions are to be set from each of the four units) drawn from the entire syllabus. A student shall attempt any FOUR QUESTIONS, selecting at least ONE QUESTION from EACH UNIT.
- In all, a student shall attempt FIVE QUESTIONS.
- Each Essay Type/Long-Answer Type Question shall have a weightage of 12 marks
- Maximum marks for the question paper shall be 60.

Objectives :

After completing the course, students will be able to

- Develop an understanding of the concepts of guidance and counselling.
- Understand various types of guidance.
- Learn application of guidance in different areas.
- Get acquainted with different testing devices and techniques of guidance.

### Unit-I

Guidance: Meaning, Nature, Need; Functions of Guidance; Types of Guidance- Educational Guidance, Vocational Guidance, Personal Guidance.

### Unit-II

Guidance Services- Job Analysis, Job Satisfaction; Guidance of the Differently-Abled Students - Gifted, Slow Learners, Learning Disabilities (Dyslexia, Dysgraphia, Dyscalculia) - Identification; Mainstreaming and providing support services to Differently-Abled Students.

### Unit-III

Counselling - meaning, purpose, scope, Types of Counselling - Directive, Non-directive, Eclectic; Process of Counselling (introduction, in-depth, communication, suggestion); Skills in Counselling (listening, questioning, responding); Role of the Counsellor, Professional Ethics of a Counsellor.

### Unit-IV

Tools of Guidance and Counselling- Psychological tests - meaning, need, limitations.

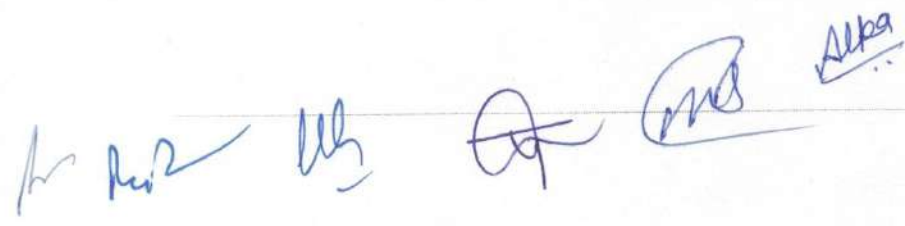
Testing - Intelligence, Aptitude, Attitude, Achievement, Interest, Personality; Techniques of Guidance and Counselling -Interview - types, procedure, Case Study, Cumulative Record, Anecdotal Record, Diary, Questionnaire



Practical: Any 2 pertaining to PSY-601

References:

- Aggarwal J. C., (2004) Educational and Vocational Guidance and Counselling, 7th Edition, Doaba House; Delhi.
- Aggarwal J.C. (2005) Career Information in Career Guidance - Theory and Practice. Doaba House, Delhi. Chauhan, S.S. Principles and Techniques of Guidance.
- Corey, G. (2009). *Counselling and Psychotherapy: Theory and Practice*. (7th Ed.) New Delhi: Cengage Learning.
- Dash, M (1997). Education of Exceptional Children, Atlantic Publishers, New Delhi
- Dev Kapil (2006). Educational Counselling. Pragun Publications. New Delhi.
- Gibson, R. L. & Mitchell, M. H. (2012). *Introduction to Counselling and Guidance* (7th Ed.) New Delhi: Pearson.
- Gladding, S. T. (2012). *Counselling: A Comprehensive Profession*. (7th Ed) New Delhi. Pearson.
- Rao, S.N. & Sahajpal, P. (2013). *Counselling and Guidance*. New Delhi: Tata McGraw-Hill.



## Psychotherapy

Course Code: PSY-602

Credits: 04

Course Type: Major

Time: 03 hrs

Total Marks : 100

External Marks : 60

Internal Marks : 15

Practical :25

Note: Theory Paper Setter (4 Credits Course)

- The Question Paper shall have 09 questions. Question No.1 shall be compulsory, comprising six parts (Short-Answer Type) spread over the entire syllabus. The compulsory question shall have a weightage of 12(6x2) marks.
- The rest of eight questions shall be Essay-Type/Long-Answer Type (2 questions are to be set from each of the four units) drawn from the entire syllabus. A student shall attempt any FOUR QUESTIONS, selecting at least ONE QUESTION from EACH UNIT.
- In all, a student shall attempt FIVE QUESTIONS.
- Each Essay Type/Long-Answer Type Question shall have a weightage of 12 marks.
- Maximum marks for the question paper shall be 60.

Objectives:

After completing the course, students will be able to

- Get acquainted with the techniques of Psychotherapy.
- Define the concept of Psychotherapy, its objectives and Therapeutic process.
- Explain various therapeutic techniques.

### Unit - I

Psychotherapy: Nature & Goals, Therapeutic process – Therapeutic Relationship, Effectiveness of Psychotherapy, Variables Affecting Psychotherapy.

Psychotherapeutic Procedures: Catharsis, suggestions, persuasion, re-education, distributive analysis and synthesis, Ethical Issues in Psychotherapy.

### Unit- II

Psychodynamic therapy: Freud's Psychoanalysis Therapy, Adlerian Psychotherapy.

Humanistic Therapies: Client-Centred Therapy, Existential Therapy and Gestalt Therapy.

### Unit - III

Behaviour Therapy- Experimental background of Behavioural Psychotherapy: Ivan Pavlov, Classical Conditioning, B.F. Skinner- Operant Reinforcement Theory.

Techniques of Behavioural Psychotherapy: Systematic Desensitisation, Imaginal Flooding Therapy, Implosive Therapy, Aversion Therapy, Assertive Training, Biofeedback Training and Token Economy.

### Unit- IV

Cognitive Aspects of Psychotherapy: Cognitive Therapy, Rational Emotive Behaviour Therapy, Transactional Analysis, Bandura's Social-cognitive therapy. Cognitive Drill Therapy, Hypnotherapy.

Practical: Any 2 pertaining to PSY-602

References:

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- Bennett, P. (2011). *Abnormal and Clinical Psychology: An Introductory Textbook*, McGraw-Hill.
- Carson, R.C., Butcher, J.N., Mineka.& Hooley. (2008). *Abnormal Psychology*. New Delhi: Pearson.
- Corey, G. (2009). *Counselling and Psychotherapy: Theory and Practice*. (7th Ed.) New Delhi: Cengage Learning.
- Seligman, L. & Rechinberg. (2015). *Theory & Practice in Counselling & Psychotherapy: System, Theory & Practice*. Pearson Education.

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## Organizational Psychology

Course Code: PSY-603 A  
Credits: 04  
Course Type: Major  
Time: 03 hrs.

Total Marks : 100  
External Marks: 60  
Internal Marks: 15  
Practical :25

Note: Theory Paper Setter (4 Credits Course)

- The Question Paper shall have 09 questions. Question No.1 shall be compulsory, comprising six parts (Short-Answer Type) spread over the entire syllabus. The compulsory question shall have a weightage of 12(6x2) marks.
- The rest of eight questions shall be Essay-Type/Long-Answer Type (2 questions are to be set from each of the four units) drawn from the entire syllabus. A student shall attempt any FOUR QUESTIONS, selecting at least ONE QUESTION from EACH UNIT.
- In all, a student shall attempt FIVE QUESTIONS.
- Each Essay Type/Long-Answer Type Question shall have a weightage of 12 marks
- Maximum marks for the question paper shall be 60.

Objectives:

After completing this course, the student will be able to:

- Understand the key concepts, theoretical perspectives, and trends in industrial psychology.
- Evaluate the problems thorough and systematic competency model.
- Analyse the problems present in the environment and design a job analysis method.
- Create a better work environment for better performance.
- Design a performance appraisal process and form for human behaviour.

### UNIT-1

Introduction: Historical antecedents of Organisational Behaviour, The role of the psychologist in organisation: Study of behaviour in work situation and applications of psychological principles, Selection, Placement, Counselling and Training, Challenges in Indian settings.

### UNIT-2

Dynamics of Organisational Behaviour - Communication in organisations; Organisational Stress: Causes, Moderators, Consequences, Stress Management. Glass Ceiling Phenomena.

### UNIT-3

Individual level processes- Employee attitudes: Job satisfaction, Organisational Commitment, Organisational Citizenship Behaviour.

### UNIT-4

Work Motivation: Contemporary theories of work motivation- ERG theory, McClelland's theory of needs, Cognitive evaluation theory, Goal-setting theory, Reinforcement.

Practical: Any 2 pertaining to PSY-603 A

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References:

- Landy, F.J. & Conte, J.M. (2007). work in the 21<sup>st</sup> Century: An introduction to industrial & Organizational Psychology, New York: Wiley Blackwell.
- Luthans, F. (2009). Organisational behaviour. New Delhi: McGraw-Hill.
- McCormic, E.J. (2000). Human Factors Engineering and Design. 7th Edn. McGraw-Hill.
- Myers, Charles S. (2012). Industrial Psychology. Ulan Press.
- Parkash, A. (2011). Organizational Behaviour in India: An indigenous Perspective. Oxford University Press.
- Robbins, S.P.; Timothy, A.J. & Vohra, N. (2012). Organisational Behaviour, 15<sup>th</sup> Edn. Pearson Education: New Delhi.
- Schultz, D.P & Schultz, E.S. (2016) .Psychology & Work Today 1<sup>0th</sup> edition, McMillan Publishing Company, New York.
- NewStrom, J.W. & Davis, K. (2015). Organisation Behaviour- Human Behaviour at work, 14<sup>th</sup> edition. Tata McGraw-Hill Publishing Co. Ltd., New Delhi.

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## Military Psychology

Course Code: PSY-603 B

Credits: 04

Course Type: Major

Time: 03 hrs.

Total Marks :100

External Marks : 60

Internal marks: 15

Practical :25

Note: Theory Paper Setter (4 Credits Course)

- The Question Paper shall have 09 questions. Question No.1 shall be compulsory, comprising six parts (Short-Answer Type) spread over the entire syllabus. The compulsory question shall have a weightage of 12(6x2) marks.
- The rest of eight questions shall be Essay-Type/Long-Answer Type (2 questions are to be set from each of the four units) drawn from the entire syllabus. A student shall attempt any FOUR QUESTIONS, selecting at least ONE QUESTION from EACH UNIT.
- In all, a student shall attempt FIVE QUESTIONS.
- Each Essay Type/Long-Answer Type Question shall have a weightage of 12 marks
- Maximum marks for the question paper shall be 60.

Objectives:

After completing the course, students will be able to

- Understand the functions & role of military psychology.
- Learn various methods of selection of military personnel.
- Get acquainted with individual differences in fighting forces.
- Understand about role of military leadership.

### Unit-1

Military Psychology: nature, subject matter, Significance and role of military psychology during war and peace.

Psychological Weapons of War: Propaganda, Rumour and Indoctrination. Fear and Panic in War: Causes and Consequences.

### Unit-2

Aptitude and Morale: Factors Influencing Morale, Maintenance of Morale during War and Peace.

Methods of Selection: Job analysis, Interview: its merits and demerits. Vocational Fitness, the right soldier for the right job; Placement.

### Unit-3

Human Factor in Fighting Forces: Individual Differences, its importance for fighting forces.

Fatigues: Causes and remedies, Motivation: Types, motivation during war.

### Unit-4

Military Leadership: Meaning, attributes and Types, Training of Military Leaders, Mental Hygiene of Soldiers.

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Practical: Any 2 pertaining to PSY-603 B

References:

- Maheshwar, N. (2016). Military Psychology: Concepts, Trends & Interventions, Sage Publications India Pvt. Ltd
- HALL. R., & MANGELSDROFF.A. DAVID (1991). Handbook of Military Psychology, USA, John Wiley Sons.
- Kennedy, H.C. & Zillmer. E. A.(2012). Military Psychology: Clinical and Operational Applications(2<sup>nd</sup> Edn.) Guilford Publications.

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## Introduction to Psychometrics

Course Code: PSY-604-A

Credits: 04

Course Type: Major

Time: 03 hrs

Note: Theory Paper Setter (4 Credits Course)

Total Marks :100

External Marks : 60

Internal Marks : 15

Practical :25

- The Question Paper shall have 09 questions. Question No.1 shall be compulsory, comprising six parts (Short-Answer Type) spread over the entire syllabus. The compulsory question shall have a weightage of 12(6x2) marks.
- The rest of eight questions shall be Essay-Type/Long-Answer Type (2 questions are to be set from each of the four units) drawn from the entire syllabus. A student shall attempt any FOUR QUESTIONS, selecting at least ONE QUESTION from EACH UNIT.
- In all, a student shall attempt FIVE QUESTIONS.
- Each Essay Type/Long-Answer Type Question shall have a weightage of 12 marks
- Maximum marks for the question paper shall be 60.

### Objectives:

After completing the course, students will be able to

- Familiar with introductory aspects of psychometrics.
- Expand the understanding of statistical concepts related to psychometrics with special reference to test construction and standardisation of the psychometric test.

### Unit-1

Psychological Measurement: Nature and Theory, Errors in Measurement, Levels of Measurement

Psychological Scaling: Nature, Methods—Paired Comparisons, Rank Order, and Equal Appearing Interval.

### Unit-2

Psychological Test: Classification. Test Construction: Meaning, Steps. Item

Writing: General Guidelines. Item Analysis (Index of Difficulty and Discrimination).

### Unit-3

Reliability: Meaning, Rationale, Methods to Estimate, and Sources of Unreliability.

Validity: Meaning, Methods to Estimate, and Influencing Factors.

### Unit-4

Norms: Meaning and Types: Grade, Age, Percentile and Standard Scores- Z Score, T Score, Stanine, Sten & IQ Deviation.

Practical: Any 2 pertaining to PSY-604 A

References:

- Anastasi A. & Urbina S.(2009) *Psychological Testing (7th ed.)*, PHI Learning. 2009

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- Furr, R.M. & Bacharach, V.R..(2014). *Psychometrics: An Introduction (2nd ed.)*, Thousand Oaks, CA: Sage Publications.
- Guilford, J.P. (1954). *Psychometric Methods*. McGraw-Hill, New York.
- Singh, A.K.(2022). *Tests, Measurements and Research Methods in Behavioural Sciences*. Bharti Bhawan P&D.
- Murphy. K.R. & Davidshafer, C.O. (2019). *Psychological Testing: Principles and Applications (6th Ed.)*. Pearson India Publication.

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## Classical Experiments in Psychology

Course Code: PSY-604 B

Credits: 04

Course Type: Major

Time: 03 hrs.

Note: Theory Paper Setter (4 Credits Course)

Total Marks : 100

External Marks : 60

Internal Marks : 15

Practical : 25

- The Question Paper shall have 09 questions. Question No.1 shall be compulsory comprising six parts (Short-Answer Type) spread over the entire syllabus. The compulsory question shall have a weightage of 12(6x2) marks.
- The rest of eight questions shall be Essay- Type/Long-Answer Type (2 questions are to be set from each of the four units) drawn from entire syllabus. A student shall attempt any FOUR QUESTIONS selecting at least ONE QUESTION from EACH UNIT.
- In all a student shall attempt FIVE QUESTIONS.
- Each Essay Type/Long-Answer Type Question shall have a weightage of 12 marks
- Maximum marks for the question paper shall be 60.

Objectives:

After completing the course students will be able to

- Develop acquaintance with classical experiments in Psychology.
- Conduct psychological experiments independently.

### Unit-1

Introduction: Meaning, Nature, Definition, Scope and Steps of psychological experiments and testing. Definition, types (field, laboratory, natural).

### Unit-2

Milgram's experiment, Stanford prison experiment, Bobo doll experiment, Bystander effect.

### Unit-3

Little Albert, Halo effect, Asch Experiment, Learned helplessness.

### Unit-4

Classical Conditioning, Cognitive Dissonance, Harlow's monkey experiment, Hawthorne Studies.

Practical: Any 2 pertaining to PSY-604 B

References:

- Baron, R. & Misra. G. (2013). Psychology. Pearson.
- Chadha, N.K. & Seth, S. (2014). The Psychological Realm: An Introduction. Pinnacle Learning, New Delhi.
- D. Amato, M.R (2008). Experimental Psychology, methodology, psychophysics & learning. India: Tata McGraw-Hill.
- Ciccarelli, S. K., & Meyer, G. E. (2010). Psychology: South Asian Edition. New Delhi: Pearson Education. Passer, M.W. & Smith, R.E. (2010). Psychology: The science of mind and behaviour. New Delhi: Tata McGraw-Hill.
- Baron, R.A., Byrne, D. & Bhardwaj. G (2010). Social Psychology (12th Ed). New Delhi: Pearson
- Taylor, S.E., Peplau, L.A. & Sears, D.O. (2006). Social Psychology (12th Ed). New Delhi: Pearson.

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## Media Psychology

Course Code: PSY-605

Credits: 04

Course Type: Minor

Time: 02 hrs.

Note: Theory Paper Setter (4 Credits Course)

Total Marks : 100

External Marks : 40

Internal Marks : 10

Practical :50

- The Question Paper shall have 05 questions. Question No.1 shall be compulsory, comprising eight parts (Short-Answer Type) spread over the entire syllabus. The compulsory question shall have a weightage of 4(2x2) marks.
- The rest of two questions shall be Essay-Type/Long-Answer Type (2 questions are to be set from each of the four units) drawn from the entire syllabus. A student shall attempt any TWO QUESTIONS, selecting at least ONE QUESTION from EACH UNIT.
- In all, a student shall attempt THREE QUESTIONS.
- Each Essay Type/Long-Answer Type Question shall have a weightage of 9 marks.
- Maximum marks for the question paper shall be 40.

### Objectives:

After completing the course, students will be able to

- Understand the effect of media on the human psyche.
- Develop a critical awareness of the underlying psychological processes and mechanisms.
- Educate learners about media and its impact.
- Acquaint learners with the role of media in psychosocial change.
- Help learners understand critical issues related to media.

### UNIT-I

Media Psychology: Nature and scope. Classic Theories in Media Studies (Marshall McLuhan, Baudrillard); Research in Media Psychology; Indian perspective of Media Psychology

### UNIT -II

Media and the User- Fantasy and reality; Expressing self and identity through social media; Finding communities (Fandoms, virtual communities); Use and abuse of the internet.

### UNIT -III

Audio-Visual media (TV and movies) and Print media: Nature and their impact; Developmental issues: socialisation, stereotyping, violence, and cybercrime.

### UNIT- IV

Critical Issues in Media Psychology- Media as a tool for social and political change (Social Media movements, Propaganda); Representations of social groups in media (Gender and sexuality, religious minorities, disability); Ethics and Media.

Practical: Any 2 about PSY-605

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References:

- Dill, K.E. (2009). *How Fantasy Becomes Reality: Seeing Through Media Influence*. New York: Oxford University Press.
- Giles, D. (2003). *Media Psychology*. New Jersey: Lawrence Erlbaum Associates Publishers.
- Haugtvedt, C. P., Herr, P. M., & Kardes, F. R. (Eds.). (2008). *Handbook of Consumer Psychology*. NY: Psychology Press.
- Jansson-Boyd, C. V. (2010). *Consumer Psychology*. England: Open University Press.
- Wanke, M. (Ed.). (2009). *Social Psychology of Consumer Behaviour*. NY: Taylor & Francis Group.
- Kirsh, S.J. (2006). *Children, Adolescents and Media Violence*. New York: Sage.
- Montgomery, K.C. (2007) *Generation Digital*. MIT Press. Wood, R.N. (1983). *Mass Media and the Individual*. Minnesota: Woods

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